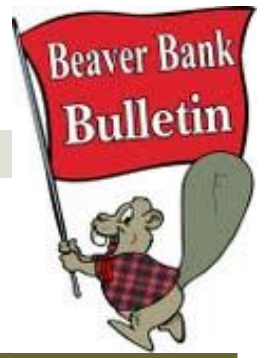


Beaver Bank Kinsac Bulletin

The Voice of the Beaver Bank Community Awareness Association



November 2015

Issue #116

Community Date Book
Proudly sponsored by:



See us on the Web at
www.barrettlumber.com

November

11th Remembrance Day
14th Pancake Breakfast- pg 2
21st Penny Auction –pg 10
22nd Parade of Lights
22nd Angel Memory Tree
Service –pg 7
28th Girl Guide Tea & Sale

December

5th Breakfast with Santa–pg 5
25th Christmas Day
26th Boxing Day
31st New Year's Eve Dance

See inside for
details on all
seasonal
events!

Parade of Lights -10 years in Beaver Bank!



Tenth Annual Beaver Bank Kinsac Parade of Lights!!

Sunday, November 22nd (storm date November 29th)

Parade begins at 6pm

Parade Route: Along Beaver Bank Rd.
starting from Barrett's Lumber Yard
to the Beaver Bank Kinsac Community Centre

There will be a Christmas light exchange again this year and we are hoping to serve hot chocolate and cookies after the parade in the hall.

Also, we will be holding a food drive for the Beacon House Food Bank and will be collecting non perishable food items at both the Beaver Bank Community Centre and the Brown Hall.

Please see page 10 for information on how to enter a float or how you can help.

Local Food Bank Prepares for Fundraiser to Help the Community

Did you know the Gateway Community Church also has a food bank which has been in operation for almost 20 years?

Conveniently located at the back door of 10 Beaver Bank Road, this food bank serves 60 to 70 households every month with food and many other needs. Some of these families are residents of Beaver Bank. The location is handy to Beaver Bankers who travel by bus as there is a bus stop right outside the facility on route 400.

The food bank is a registered member of Feed Nova Scotia and serves mainly what is called in today's society, "the working poor". These are people who cannot make ends meet, especially with small children in the home. Some are on disability and some are on Social Assistance, for one reason or another. Some are seniors, who at retirement need a little help to get them through. Among those seniors, many are raising or are

helping to raise their grandchildren!!

At Christmas time they prepare over 60 hampers to families in need, which includes turkey, all the trimmings, and stocking stuffers for the children. They also add eggs, milk and other items to help make the festivities more pleasant for them.

At the beginning of the school year they assist the families by providing some school supplies. And the food bank has helped with clothing where the need was very desperate. As well, there are seasons of the year when they receive many requests to help with power and heating bills and they help in these situations when they have the finances to do so.

The Gateway Food Bank is able to provide these services through:

- 1) Weekly deliveries from Feed Nova Scotia

- 2) Collection of food items from two local churches
- 3) Cash donations from individuals
- 4) Fundraising events (brunch, bazaar, yard sale)

Ways you can help:

- "Like" them on Facebook
- Attend fundraising events
- Drop off non-perishables, or donate cash (you can get a charitable donation receipt).

In their efforts to raise funds to support their program, the Gateway Food Bank invites you to attend their Pancake Breakfast on November 14th from 9:30am – 11:30am at 10 Beaver Bank Road. RSVP 902-865-3731. Donate for your Plate.



Lest we forget....

**Remembrance Day Ceremony
Beaver Bank Cenotaph
November 11th
Begins at 10:30am**



Update from Station 48 - Winter is Right Around the Corner

Your fire department continues to be busy training and responding to calls within our community. Since the last update, we have responded to 21 calls; 12 medical assists, 1 motor vehicle accident, 2 alarms activated, 1 vehicle fire, 2 illegal burn investigations, 1 power pole fire, and 2 structure fires. The total number of calls so far for the year is 100 responses which is on par with a normal year.

As this edition of the bulletin will be published in November, cooler weather will be on the way with even a chance of seeing a few snow flurries now and then. With the onset of fall and winter on its way, here are a few safety tips from your friendly neighborhood firefighters that will hopefully help prevent a call for us to visit your home:

Chimneys & Furnaces

Now is the time to check your chimneys before you need to use them. Look for any issues and have the chimney cleaned. The same for any wood stove or oil furnace – check it over and give it a good inspection. If something isn't working or you are unsure about the device, call in a professional to service your unit/chimney and be prepared before the cold weather hits us. With wood stoves, burn only dry seasoned firewood.

Driving Habits

Colder weather and the change of seasons is a signal that we should start adjusting our driving habits. Black ice, snow covered roads, and longer hours of

darkness during our regular commute are a real concern. Prepare your vehicle for the upcoming season. Some suggestions are the use of appropriate winter tires, a roadside emergency kit, a blanket and a good snowbrush to keep your windshield and windows clear of that dirty ice and snow. The main tip is to drive for the conditions showing, slow and steady will always get you safely home.

Adopt-A-Hydrant

We had a large amount of snow that we received late last winter which made it difficult to locate fire hydrants. For our residents who have a fire hydrant near their property, the fire department would like you to "adopt" the hydrant this winter. If you have the time and opportunity, why not keep it clear of ice and snow. This not only helps the fire department in protecting your home in the event we are called there, but the homes of your neighbors.

November and December will continue to be busy months for

the volunteers of your fire department. Besides the regular training and call outs for emergencies, the Fire Department will be participating in Remembrance Day ceremonies, and different Christmas festivities. We look forward to meeting you at these events.

We are always accepting new volunteers into the department. If you would like to join the local fire department in Beaver Bank – Kinsac, please drop by the station on Tuesday nights from 7PM to 8PM for more information. We are located at 1581 Beaver Bank Road next to the community centre.

On behalf of the members of the Fire Department, from our families to yours, we would like to wish everyone in the community a Safe and Merry Christmas and a Happy New Year.

Until next time –
stay and play safe.

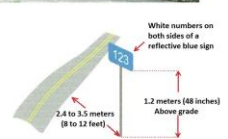
*-Kevin Crewe
Station Chief*



Sign up For Safety
7446
Post Your Civic Number



**Would First Responders
Find You?**
Please post your civic
number so we can find you in
an emergency.



Civic signs can be purchased at the:
BeaverBank – Kinsac Fire Department
1581 BeaverBank Road / Ph: 902-865-3198
Tuesdays – 7PM to 8PM
\$15.00 per double sided sign

Have you heard about Community Health Teams?

A Community Health Team (CHT) offers free wellness programs and services in your community.

The range of programs and services offered by each Community Health Team are shaped by what citizens tell us they need to best support their health.

Your local Community Health Team:

- Offers free group wellness programs at different times and community locations to make it easier for you to access sessions close to home.
- Offers free wellness navigation to help you prioritize health goals and connect to the resources that you need.

- Works closely together with community organizations toward building a stronger and healthier community.

Here are a few examples of the types of sessions the CHT has to offer:

- One-on-one Appointments
- Community Health Team Social (Nov. 20)
- Reducing your Health Risks
- CHT Drop-In (Nov. 27)
- Food, Nutrition and Weight Management
- Physical Activity
- Emotional Wellness
- Parenting

The Bedford/Sackville Community Health Team programs are located at many

convenient locations and provides service to Beaver Bank, Bedford, Fall River, Hammonds Plains, Sackville and Waverley. Please visit

www.communityhealthteams.ca or call 902-460-4560 to find out more details regarding programs at each location.

Meet friendly people and get healthier together at your Community Health Team!

**Community
Health Teams**



Write for the Bulletin!

We're always looking for volunteers to cover special events, take pictures, and send in stories.

Please contact the editor for more details.

Sackville United Baptist Church

1840 Old Sackville Rd., Middle Sackville

Join us in a celebration of the season

Christmas Cantata - 10:30 Sunday December 20th

**Christmas Eve Service
– 6pm December 24th**



**GIRL GUIDES
TEA AND SALE**

ALL WELCOME!!

**SATURDAY
NOVEMBER 28ND, 2015
12 NOON – 2:30PM**

**SACKVILLE BINGO HALL
133 FIRST LAKE DRIVE**



**In support of Carter District Sparks, Brownies,
Guides, Pathfinders & Ranger**

Beaver Bank Kinsac Community Centre

Remembrance Day

The Remembrance Day Ceremony will be held Wednesday November 11th beginning at 10:30am at the Cenotaph on the corner of Beaver Bank Road and Kinsac Road. Please arrive approximately a half hour early to register if you would like to lay a wreath. Join us inside the BBKCC after the ceremony for refreshments.

Holiday Light Exchange

Following the Lion's Club Parade of Lights on Nov 22 (weather date Nov 29) there will be a Holiday Light Exchange sponsored by Efficiency NS at the Community Centre. Families are able to exchange 2 sets of old Christmas lights for one brand new set of LED lights.

Breakfast with Santa

Breakfast with Santa will be held Saturday December 5th from 9am-11am. This is your chance to tell Santa what you want for Christmas! Breakfast is \$4 per person which includes pancakes, sausage, juice and tea or coffee. Santa and Mrs. Clause will be there to take pictures and your letters! Remember if you are bringing a letter to include your full name and return address!

New Year's Eve

New Year's Eve Dance this year from 9pm-1am featuring Steve Lunn at Elite DJ Systems! Tickets are \$25 per person and include finger foods and a chance at a door prize! Tickets will be pre sold so keep watching our web site and Facebook for tickets to go on sale!

Chase the Ace

The BBKCC and The BBK Lions Club present:
CHASE THE ACE

THURSDAY NIGHTS AT THE
BEAVER BANK KINSAC
COMMUNITY CENTRE!
TICKETS ON SALE 6:30-8:00PM
DRAW AT 8:15PM!!
WINNER EVERY NIGHT!
TICKETS: \$5 EACH, 3 FOR \$10
OR 7 FOR \$20!

What is Chase the Ace?

Drop in and purchase your tickets between 6:30pm and 8:00pm. At 8:15 pm there will be a 50/50 style draw where the winner will take home 25% of that night's proceeds. 50% of the proceeds will go to the house and the other 25% will go into the pot. The winner of this draw will then get a chance to pick a card from our deck - we will flip the card and if it's the ace of spades they get the pot! If they do not pick the ace of spades then the pot remains in play and grows each week!! So grab some friends and come out for a chance to win some CASH!! Cash bar and canteen on site!!

Thank you

Thank you to all volunteers and participants in our youth Halloween Dance on Oct 28! Together we raised \$470 for the Beacon House food bank!"

Programs

Adult Zumba on Tuesday and Thursday nights at the Community Centre from 7-8pm - \$6 drop in fee (talk to instructor Patricia Gaetz for punch cards and other deals!)

Parent and Tot drop-in, Tuesdays from 9-10:30am!! Please bring your own toys and snacks!

Friday nights: Blue Dragon Kung Fu – 6:30-7:30pm – ages 5-12 \$50/month Sifu Justin Devine has

created a program designed for children 5-12 derived from traditional Chinese and Japanese styles and is taught in a fun and relaxed atmosphere. Aside from learning blocks, punches, kicks and forms it includes games and activities which support the martial arts training. Call 818-4681 for more info and to register.

Ongoing drop in programs at BBK Elementary include:

•Women's Volleyball on Monday nights from 6:30-8pm - \$2 drop in fee (Full schedule at bbkcc.ca/vball)

•Men's Basketball on Thurs nights from 6-8pm - \$2 drop in fee (Full schedule at bbkcc.ca/bball)

•Kid's Floor hockey on Friday nights from 6-7pm - \$2 drop in fee (Full schedule at bbkcc.ca/ballhockey)

**Note there are no programs on any day there is no school due to in-service, weather, or otherwise.

All events and program updates are online at bbkcc.ca or follow us on Facebook at [Facebook.com/bbkcommunitycentre](https://www.facebook.com/bbkcommunitycentre) for updates!

-Submitted by **Jessica Gilby**
Facility Coordinator
Beaver Bank Kinsac Community Centre
Phone: 902-865-5114

Bill's Blog

Office Hours in Beaver Bank

I will be holding office hours in Beaver Bank at the Beaver Bank Kinsac Community Centre on Monday, October 26 and Monday, November 9 between the hours of 1:00 p.m. – 3:00 p.m. Please drop in to discuss any issues you may have or just drop in to say hello. If there are any government publications or applications that you would like us to bring, just let us know. You can look for our Constituency Office sign in the parking lot during these hours. I look forward to seeing you there.

Brown Hall Lunches off to a Great Start

I am very pleased to see how busy the Brown Hall Lunches have been since resuming this fall. It is a wonderful opportunity for seniors to have a great meal and to enjoy wonderful company. The Woodbine and Area Seniors group is looking for volunteers to help on Tuesdays. They need people to help in the kitchen, on the floor replenishing soup, juice, mugs etc., and cleaning up after the regular dinners. Dinners are every Tuesday 11:00 – 1:00 p.m. and the price is \$5.00.

Card games are ongoing, Fridays from 1:30 - 4 pm. \$5.00 per person and \$2.00 for ½ the take. Prizes are cash. If you like playing 45's drop in on Friday afternoons.

Please...Slow Down – We Love our Children

My Waverley-Fall River-Beaver Bank constituency office has joined with HRM Councillor, Barry Dalrymple, to provide signs to residents to remind drivers to slow down in our neighbourhoods. You can call our office, 902-576-3411, to request a sign and pick it up at my office at 29

Blue Hill Road, Fall River. Barry also has signs available at BarryDalrymple@halifax.ca. The municipality requests that we keep them on private property. Thank you for slowing down and helping to keep our communities safe!

Flu Season 2015-2016

Vaccination is a safe, simple and effective way to prevent the flu. The flu shot helps Nova Scotians avoid getting influenza themselves, and avoid spreading it to family, friends, co-workers and people in their care, such as patients in health care settings, and residents in long-term care facilities. Nova Scotians are being encouraged to get their flu shots early.

The flu shot provided through the influenza immunization program is free of charge for all Nova Scotians and is provided at most pharmacies, your doctor's office, some clinics offered by Public Health and some workplaces.

Everyone is encouraged to get the flu vaccine, but especially people at high risk of complications including the elderly, the young (6 months – 5 years), Aboriginal people, pregnant women, anyone with chronic medical conditions such as heart disease, asthma, and diabetes, obesity (BMI of 40 or more) and those who live with, or care for, individuals in the high risk groups.

Nominate a Student Making a Positive Difference for Respectful Citizenship Award

Every day students in Nova Scotia are making positive contributions to benefit their schools and communities and each year Nova

Scotians have a chance to show them it is appreciated. Nominations are open for the Lieutenant Governor's Respectful Citizenship Award. The award recognizes students from around the province who demonstrate excellent leadership and a strong commitment to creating safe and inclusive spaces in schools and communities.

Promoting Mi'kmaq culture, fighting poverty and raising awareness of issues facing the transgender community are some of the ways past award recipients have promoted respectful citizenship.

The award is given annually to up to 20 students in Primary to Grade 12 in the public school system, private school system or home school. Nomination forms have been sent to schools and can be found at antibullying.novascotia.ca. The deadline for nominations is Friday, Nov. 20.

Two courageous people were presented with a Medal of Bravery

Two courageous people were presented with a Medal of Bravery at a ceremony held in October at Province House in Halifax. This year's recipients are Nathan Urquhart, Halifax and Kenneth MacNeil, Sydney Mines.

Dr. Urquhart saw a man fall into Halifax Harbour at midnight in April. He plunged into the cold water to

(Cont'd next page)

Bill's Blog cont'd

help the man and stayed with him until emergency responders arrived.

Mr. MacNeil helped a young man being attacked by a group of 25 to 30 young people in front of his home and as a result, suffered serious physical injuries including a shattered jaw.

To find out how to nominate a hero, visit novascotia.ca/bravery.

Second Session of the Sixty-second General Assembly to Resume Nov. 12

The second session of the 62nd general assembly will resume at 1 p.m., Thursday, Nov. 12. The Nova Scotia Legislature, consisting of the Lieutenant Governor and the House of Assembly, is the legislative branch of the provincial Government of Nova Scotia, Canada. The Assembly is the oldest in Canada, having first sat in 1758. In 1848, Nova Scotia became the site of the first

responsible government among the colonies of the British Empire. Nova Scotia has 51 Members in the Legislative Assembly (MLAs) representing 51 electoral districts. The Assembly meets in Province House, a National Historic Site and Canada's oldest legislative building. It opened on February 11, 1819. While the House is sitting, Eastlink TV carries the live proceedings on channel 95.

CONTACT US - Please call my office, 902-576-3411, or drop by at 29 Blue Hill Road to discuss any concerns you may have. I am also happy to come to Beaver Bank and meet with you there if that is more convenient. Our e-mail is billhornemla@gmail.com and you can follow me on twitter @bill_horne_mla .



Bill Horne
Waverley
Fall river
Beaver Bank



MLA

Constituency Office
29 Blue Hill Road
Fall River, NS B2T 1E9
902-576-3411



BillHorneMLA@gmail.com
www.billhorne.ca



St John's United Church
Beaver Bank
Angel Memory Tree Service

November 22, 2015
Time: 2:30 pm
Place: Sanctuary

This service is in memory of loved ones who have passed and also in honour of loved ones still living. Their names are called out and an angel is placed on the tree. For more information please call Joyce at 864-7095 or Carol at 865-2962. Refreshments to follow service.



November

MENU

Woodbine & Area Seniors
Brown Hall
351 Beaver Bank Road



Stephen Gough, MLA
Sackville – Beaver Bank
1000 Sackville Dr.
Middle Sackville, NS B4E 0C2
Office: 902-252-9900
www.stephengoughmla.ca



Nov. 3 Spaghetti and Meat Balls with Garlic Bread

Nov. 10 Ham Dinner or Chicken Burgers

Nov. 17 Sheppard's Pie or Seafood Chowder

Nov. 24 Chicken Pot Pie or Corned Beef and Cabbage Stew

November 11th. REMEMBRANCE DAY

Take out is available for \$5.00

We are looking for volunteers to help on Tuesdays. We need people to help in the kitchen, on the floor replenishing soup, juice, mugs etc. We will also need help weekly with clean up after the regular dinners.

Our card games are ongoing on Fridays from 1:30 - 4 pm. \$5.00 per person and \$2.00 for 1/2 the take.

Prizes are cash. If you like playing 45's drop in on Friday afternoons.
We will be selling crafts in the weeks to come. Fundraising is ongoing.



New Design for Beaver Bank Website

Feel free to visit our newly designed website at www.beaverbank.ca which features important information for all Beaver Bankers.

We now have a page aimed at taking your requests to post announcements on our new community sign located on Beaver Bank Road across from Barrett's Lumber. Please take a few minutes to review our sign policy which is also on the website.

As always, our website offers an opportunity to view our current and past Beaver Bank Kinsac Bulletins online and you can visit other community links.

Thank you to Kristina Crosby for designing our new website!



-Beaver Bank Community Awareness Association

"People together with Nature"



Serving the community since 1960
Call Wade Slauenwhite 902-422-1211

Recycling? Compost? Garbage? There's an App for That!

Ever wonder how to dispose of an item following the Halifax Regional Municipality changes to curbside collection?

Visit the HRM website or download the *Halifax Recycles app* to find out what goes where. You just type in what the item is and the program will tell you whether it goes in the blue bag, clear bag or green cart.

You can also enter your address and obtain a printable Collection Schedule for the month for your location.

For more information on yard waste, boxboard, grasscycling, pet waste and more, visit the HRM website or download the app.

<http://www.halifax.ca/recycle/>



Halifax Recycles App

Announcements



Still accepting registrations for Scouting in Beaver Bank.

Beavers from 5-7 1/2 yrs.
Cubs from nearly 8-11 years.
Check out our ad on Kijiji
Beaver Bank Scouting.

We would like to have more people join our Fun Adventure group, so why not join in the fun? We are a real friendly bunch.

For more information please call Scouter May 902 864 1533

Speed Sign

If you would like to make a request to have the speed sign erected in your neighbourhood, please contact the Beaver Bank Community RCMP office at 864-6072 to find out more!

How to Submit an Announcement

Residents are welcome to submit wedding, engagement, baby, thank you and condolence announcements free of charge. Please submit using our online form at www.Beaverbank.ca. We are happy to assist if you so require.

COMMUNITY



Beaver Bank Kinsac is preparing for our 10th Annual Parade of Lights.

We are calling on anyone who may be interested in entering a float in this years parade.

Come on out and show your community support, in addition, it's a great way to promote your business or organization.

WHEN: **Sunday, November 22nd (storm date November 29th)**
ROUTE: **Beaver Bank Rd. (Barrett's Lumber Yard - BBK Community Centre)-**
The route is 6Kms
There will be no walkers.
There is NO entrance fee

**** Sponsored by the Beaver Bank Kinsac Lions Club, the Beaver Bank Kinsac Community Centre and the Beaver Bank Kinsac Fire Department. ****

If you are interested in participating in the parade, entering a float, donating cookies and/or hot chocolate, please let me know.

If you would like more information or are interested in entering a float in the parade, please contact :
Bev Hubley-- home 902-865-9415 / cell 902-499-1984

Brown Hall available for rent

Birthday parties, wedding showers, baby showers, etc.
Please call 902-865-0757 and leave a message and someone will get back to you.

St. John the Evangelist Anglican Church Annual Penny Auction, Saturday November 21, doors open at 12:30 pm and Auction starts at 2 pm., Church Hall 934 Old Sackville Rd. Lower Sackville. Wonderful auction includes a bake table and kid's only table. Canteen available.

Santa's Elf will be there, will you? Contact: 902-865-8316

Church Services

Church of the Good Shepherd

Anglican Church of Canada
28 Trinity Lane, Beaver Bank
Rector: Rev. Cathy Lee Cunningham
Sunday Service: 10:00 AM
Sunday School (ages 3-9) 10:00 AM
Family, friends and new members welcome.
Church Wardens
Dwain Gordon: 864-0024
Brian Britten: 864-0678
Past Warden
Dameon Lowe: 865-2320

Please contact Rev. Cathy Lee regarding
Baptisms, Weddings, Illness or a Pastoral visit
at 865-0203.

We actively support Beacon House and
donations can be brought to the Church on
Sunday mornings, or call Jean Bevan at 865-
2262 to make arrangements.

Hall Rentals call Cora 864-7070

Upcoming Fundraisers

Turkey Supper Nov 7 4 pm to 6 pm
White Gift Sunday Dec 6 10 am
Nine Lessons & Carols Dec 13 10 am
Holy Eucharist Crib Service Dec 24 4pm
Noly Eucharist Candlelit Service Dec 24 8pm
Longerst Night Service Dec 20 7pm

Please check out our website at:

www.beaverbankchurch.com

Faith Baptist Church

299 Stokil Dr., Lr Sackville
Phone: Office 865-5419
Kitchen / Hall: 865-3773
Email: faithbaptist@ns.aliantzinc.ca
Website: <http://faithbaptist.ca>
Pastor: Rev. Borden Scott 865-8224
Associate Pastor for Visitation:
Dr. João Matwawana 865-8850
Sunday Service: 11:00 am

First Sackville Presbyterian

60 Beaver Bank Rd, Lr. Sackville
(Across from Glendale Plaza)
Minister: Rev. Jean MacAulay
Church Office: 865-4053 (machine)
Email: jeanmacaulay@eastlink.ca
Sunday Service: 9:30 am
Sunday school: 9:40 am Sept. – June
Nursery Provided: Sept. – June

Crossroads Wesleyan Church

971 Windgate Drive, Beaver Bank
Phone: 864-2035
Web: www.mycrossroadschurch.ca
Pastor: Michael Zottarelli
Service: Sunday 11:00 am

Living Hope Baptist Church

Address: 971 Windgate Drive
Worship: Sundays 9:00 am
Sunday school: Sunday 9:00 am
Pastor: Rev. Kelly Holt

Knox United Church

567 Sackville Drive, PO Box 210
Lwr. Sackville, NS B4C 2S9
Minister: Rev. Dr. Ross Bartlett
Church Office: 902-865-9216
Fax: 902-865-0599
Website: www.knoxsackville.ca
Office email: admin@knoxsackville.ca
Sunday Worship Services:
Early Service - 8:45am
Later Service - 10:30am

Events:

Youth Group - Sunday at 7pm
Bible Study - Wednesday at 7pm
Choir practice - Wednesday at 7pm
**Annual Turkey Supper: Saturday
November 28th**
White & Pink Gift Sunday: December 6th
**Christmas Eve Services: 5:30pm, 8pm,
10pm**

See our Electronic sign for more events.
Everyone is Welcomed.

Sackville Independent Baptist

Address: 92 Beaver Bank Road
Pastors: Pastor Jeremy Eastwood
and Pastor Greg Little
Phone: 864-3433
www.sackvilleindependentbaptist.org

Sunday Service: 11:00am, & 6pm
Sunday school: 9:45am for all ages
Wednesday: Prayer meeting 7:15 pm
"Serving Him only by His grace and power"
(Ephesians 3:7-8)

St. John the Evangelist Anglican Church

Rector: Rev. Norma Mitchell
Church: 954 Old Sackville Road, Sackville
Church Hall: 934 Old Sackville Road, Sackville
Parish Office Telephone: 864-3154
Parish Hall Telephone: 865-7107
Email: site@ns.aliantzinc.ca
Services: 8:30 a.m. & 10:30 a.m. on Sundays and
7:00 p.m. on Wednesdays

Holy Trinity Pastoral Unit (Roman Catholic)

Consisting of three parishes:
St Elizabeth Seton, 125 Metropolitan Ave
St Francis of Assisi, Mt Uniake
St John Vianney, 4 Beaver Bank Road
Mail for all 3 Parishes: 4 Beaver Bank Road
Lr. Sackville, NS, B4E 1G3
Phone: 865-2112 ext 0 (Secretary)
Emergencies After Hours 865-6133
Fax: 864-8645
Email: holytrinity@eastlink.ca
Website: www.holytrinityns.ca
Pastor: Father Marc Syrene
Associate Pastor: Father Jamie Utronkie
Administrative Secretary: Karen Smith
Mass times for St. John Vianney:
Saturday: 4:30 pm
Sunday: 9am 11:00am, & 6 pm

Sackville United Baptist Church

Address: 1240 Old Sackville Rd
Pastor: Pastor Christopher Drew
Phone: 902-865-3681
Sunday Service and Sunday School 10:30 am
Listen to Pastor Drew's sermons on our website.
www.SackvilleUnitedBaptistChurch.com

St. John's United Church

125 Knowles Crescent
Ivy Meadows Continuing Care Facility
Administration Floor, Side Door Entrance
Beaver Bank, N.S.
Minister: Rev. Diane MacVicar
Phone: 902-443-4336
Worship Time: 11:00 am

St. Francis by the Lakes Anglican Church

192 First Lake Drive
Lwr. Sackville NS
Archdeacon Mark Kingsbury 902 223-3120
Rev'd Ken Turner 902 865-8559
Rev'd Faye Forbes 902 860-2752
Rev.'d Joan Helpard 902 865-6993
Schedule of Service
Sept – June 8:00 A.M. 10:00 A.M.
Summer July – August 9:00 A.M.
Hall Rental Donna 902 865-8169

How to Contact Us: BBCAA

Mailing Address:
1901 Beaver Bank Rd
Beaver Bank, NS
B4G 1C9

BBCAA Board of Directors:

Chairperson: Victor Cobb 864-4112

Email: victor@hfx.eastlink.ca

First Chair: Dorothy Selig

Second Chair: Robert Crosby

Treasurer: Brian Pitts

Secretary: Felicia Romans

Director: Arthur Mitchell

Director: Rae Marlborough

Director: Marina Johnson

Director: Cheryl Leadlay

C@P Site Representative: Allen Clay

Web Admin: Kristina Crosby-Davis

Beaver Bank Kinsac Bulletin

Editor: Keilie Samson

Beaver Bank Community RCMP Office

Phone: 864-6072

Email: bbk.rcmp@gmail.com

Located at:
1583 Beaver Bank Road

We're on the Web!

See us at:

www.beaverbank.ca

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copy&print™

Bedford Commons

BEAVER BANK KINSAC SENIORS ASSOCIATION 50 PLUS KEENERS

DATES TO REMEMBER

September, October, November, December 2015

| | | |
|-------------------|-----------------|--|
| Monday: | 9:00 AM | Beginners Ukulele Practice |
| | 10:00 AM | Fitness* with Lynn Atton (902-864-0791) Geared to Seniors \$3.00 Drop In |
| | 6:45 PM | BINGO Doors open at 6:00 pm First & third Monday of the month |
| Tuesday: | 9:00 AM | Walking Club – with John Murphy (902-865-7431) |
| | 1:00 PM | Crib with Byron Bolt (902-865-9887) |
| Wednesday: | 10:00 AM | Fitness* with Lynn Atton Geared to Seniors – \$3.00 Drop In |
| | 12 Noon | Painting with Marie Webb (902-865-1105) Brown Bag Lunch |
| | | |
| Thursday: | 9:00 AM | Drumming - Djembe Drums |
| | 10:00 AM | Drop In – Games & Giggles |
| | 11:30 AM | Eat Out Local Restaurants 1st Thursday of month |
| | 12:00 PM | Soup & Subs – 2nd & 4th Thursday of month |
| | 12:00 PM | Birthday Pot Luck – 3rd Thursday of the month |

New members welcome. Membership is still only \$10.00 or \$15.00 per couple.

- ***Fitness will be cancelled for the month of September. Starting back October 5th.** Contact Lynn if you are new to the group.
- All activities take place at the BBK Community Centre with the exception of the Eat Out.

Thank you for your interest and support. Ann – 902-865-0381

Guidelines for Submissions to the Bulletin

The BBK Bulletin will be published 6 times this year (January, March, May, July, September & November). The deadline will usually be the 15th of the month before publication. Please check the last page of the current Bulletin for the specific deadline date.

Written submissions may be sent by email using the "Submit a Story" form on the Beaver Bank website. For handwritten articles, please PRINT any names. Articles may also be mailed to our mailing address. Thank you.

**Please submit articles for the next Bulletin by
December 15th for publication in January.**