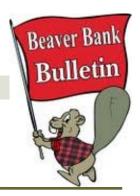
Beaver Bank Kinsac Bulletin

The Voice of the Beaver Bank Community Awareness Association



September 2015

Issue #115

Community Date Book Proudly sponsored by:



See us on the Web at www.barrettlumber.com

September

3rd- Back to School 12th - Street Party (pg 11) 19th- Wind Project Celebration (pg 2) 26th - Church Tour (pg 8) 26th - (Nickel Auction pg 11)

October

16th –Silent Auction (pg 11) 19th –Federal Election Day 24th –Yard Sale (pg 11) 31st - Halloween



Beaver Bank in Bid for Tulip Garden



The Beaver Bank Kinsac Senior's Association has been provided an opportunity to win one of 140 tulip gardens containing 700 tulips, which will be awarded across Canada, in honour of the 70th Anniversary of the Liberation of the Netherlands and the Dutch gift of tulips.

The Canadian Garden Council is organizing this special project in which Vessy's Bulbs of PEI will donate the tulips and Canada Post will ship them for free. The application for the 70th Anniversary Dutch-Canadian Friendship Garden has been submitted and we eagerly await the decision. Here is the information provided in answer to the contest question:

Why do you feel your community should receive a 70th Anniversary Dutch-Canadian Friendship Tulip Garden? 200 words

"We believe the community of Beaver Bank – Kinsac would be an ideal location for celebrating the 70th Anniversary Dutch-Canadian Friendship Garden as we live together with nature in a rural community 30 km outside the city of Halifax. It is a beautiful area where trees and lakes are interspersed with homes to approximately 7,000 residents.

Our community would be delighted and honoured to have the opportunity to

celebrate the 70th Anniversary of Dutch-Canadian Friendship by planting 700 tulips in our Beaver Bank Country Gardens. It is important that Canadians across the nation become aware of the history behind the reason Holland sends Canada tulip bulbs each year.

Princess Juliana of the Netherlands presented Ottawa with 100,000 tulip bulbs as a token of friendship. Canada had provided asylum for the Dutch royal family during the Second World War. Canada played a strong role in the Netherlands' liberation.

This would be a great opportunity to educate our community on the connection between Holland and Canada. We further think this would be a tribute to Peter Stoffer, our MP. The garden would be a history lesson in action.

The Beaver Bank Kinsac Community Centre, across from Beaver Bank Country Gardens would be an ideal venue for the Planting Celebration in the fall of fall of 2015 and the Bloom Celebration in the spring of 2016."

Based on applications submitted, a review committee will select 140 recipients – ensuring that the 70th Anniversary Dutch-Canadian Friendship Tulip Gardens find themselves across the nation.

-Ann Benson



Undate from Station 48 "50 Years of 24/7"



Your fire department continues to be busy training and responding to calls within our community. Since the last update, we have responded to 18 calls; 5 medical assists, 1 motor vehicle accident, 3 alarms activated, 1 rescue, 1 smoke investigation, 3 illegal burns, 1 vehicle fire, and 3 structure fires. The total number of calls so far for the year is 79 responses.

The new school year has started up again with many children returning to our local area schools. A friendly reminder to all drivers about the School Zone speed limits when children are present or at school, please use caution when driving in the areas.

As school begins, the fire department would like to once again

remind all drivers that the parking lot at the fire hall is not a shortcut. There have been a few near misses with private vehicles speeding through the fire department parking lot, especially in the morning when kids are being dropped off for school. The parking lot entrance is only accessed from Kinsac Road. Only the fire trucks pass though the lot in order to safely access the bay doors and their assigned parking spaces. For the safety of the public, the volunteer firefighters and all drivers please do not drive through the parking lot and respect the posted signage.

We are slowly moving in to the time period when we start to see tropical storms and hurricanes heading our way. Are you prepared to be selfsufficient for 72 hours? For those who have one, have you checked and serviced your generator? Have you prepared your Emergency Kit? The Emergency Management Office (EMO) for the province of Nova Scotia has many tips and tricks for being ready for natural emergencies. Check out the website:

http:/novascotia.ca/dma/emo/ for help in being prepared for what Mother Nature decides to throw our way.

In closing, your local fire department wishes everyone a safe and productive end of summer.

Until next time - stay and play safe.

-Kevin Crewe - Station Chief

Beaver Bank Gets Second Digital Sign

A new digital sign is coming to the Beaver Bank Kinsac Community Centre replacing the old lettered sign that stands in front of the facility.

The board of the BBKCC has been working with the city and volunteer Fire Station 48 on the change for several months now.

The current sign structure will remain standing, but the new sign will be a digital panel inside the existing sign.

A digital sign will allow the centre to change its messaging via computer. There will be no more climbing a ladder to changes the letters.

Board chair Lisa Paterson says the new sign will be much safer.

"Right now we have to get volunteers to climb up eight or ten feet and juggle letters and put them up. Not great when you have to do it in the middle of winter," she said.

The city of Halifax has been working with the centre and it's hoped HRM can cover most of, if not all, the costs.

The digital panel should be functioning by fall.

-Lisa Paterson



Memories of Canada Day in Beaver Bank!











Beaver Bank Kinsac Community Centre Fall 2015 Programming

Program	Age	Time	Start Date	Cost	# of Weeks	Location
8	8-		Monday			
Bingo	All	6:30-9:00pm	1st and 3rd Monday of Each Month	3 up books - \$5, \$1 specials	ongoing	MPR
			Early bird game at 6:45			
Women's Volleyball	Adult	6:00-8:00pm	TBA - bbkcc.ca/vball	\$2 drop in		BBK School
Seniors Fitness	50+	10:00- 11:00am	Ongoing - bbkcc.ca/bbksaschedule	\$3/ class - first one's free	Ongoing	MPR
			Tuesday			
Cribbage	50+	1:30-3:30pm	Ongoing	\$5	Ongoing	Y & S Lounge
Drop in Zumba	13+	7:00-8:00pm	Ongoing - Free class Sept 8	Drop in - \$6 per class, multi class deals available	Ongoing	Lounge
			Wednesday			
Seniors Fitness	50+	10:00- 11:00am	Ongoing - bbkcc.ca/bbksaschedule	\$3/ class - first one's free	Ongoing	MPR
			Thursday			
			TBA bbkcc.ca/bball	Drop in - \$2	Ongoing	BBK
Men's Basketball	Adult	6:00-8:00pm	1311 donectical double	Brop III	ongoing	School
Chase the Ace	19+	6:30-8:00pm	Ongoing - bbkcc.ca/chasetheace	Tickets \$5 each 3 for \$10 or 5 for \$20	Ongoing	MPR
Drop in Zumba	13+	7:00-8:00pm	Ongoing - Free class Sept 8	\$6 drop in - multi class deals available	Ongoing	MPR
Beginner Teen Contemporary Dance	13+	5:30-6:30pm	September 10th	\$100+HST payable to Sara Corkum - 902-802- 8896 or sara.corkum@gmail.com	12	Program Room 1
			Friday	Suran comuni c ginam com		<u> </u>
Kid's Kung Fu	5-12	6:30-7:30pm	Ongoing	\$50/ month- Call Kelsey at 902-818-4681 for more info and to register.	Ongoing	Program Room 1
Kids Ball Hockey	6-12	6:00-7:00pm	TBA - bbkcc.ca/ballhockey	\$2 drop in -see web site or call	Ongoing	BBK School
			Saturday			
Adult Yoga	Adult	8:00-9:00am	October 10th	\$10/class, or \$45 for 5, or \$80 for 10 classes	10 (Ends Dec 19 due to holiday)	Program Room 1
Parent & Baby Ballet	18-24 months	9:30-10:00am	September 12	\$60.00 payable to Sara Corkum - 902-802-8896 or sara.corkum@gmail.com	12 weeks	Program Room 1
Parent & Baby Ballet	2-3 years	10:00- 10:30am	September 12	\$60.00 payable to Sara Corkum - 902-802-8896 or sara.corkum@gmail.com	12 weeks	Program Room 1
Creative Movement	3-5 years	10:45- 11:30am	September 12	\$75.00 payable to Sara Corkum - 902-802-8896 or sara.corkum@gmail.com	12 weeks	Program Room 1

Some prices subject to HST. Call the BBKCC today for more information 902-865-5114 Web: www.bbkcc.ca | Facebook.com/bbkcommunitycentre | twitter: @kinsaccommunity

Bill's Blog

Government Seeks Input on Continuing Care Plan

Government wants to hear from Nova Scotians about its plan for long-term and home care.

Continuing Care – A Path to 2017, was released by the province and the document outlines a path forward for long-term care, home care and related services. It also recommends areas for ongoing focus and improvement based on a targeted evaluation of the original continuing care strategy released in 2006.

The province's continuing care budget grew by 71 per cent between 2006 and 2015 and Nova Scotia now spends \$808 million a year on these services.

The document, which will guide provincial planning until a new strategy is released in 2017, highlights 20 proposed directions, including:

- -- refine the placement policy to ensure clients with the highest needs are prioritized
- -- implement performance-based contracts for long-term care and home-care providers to help create a more accountable and sustainable system
- -- explore opportunities for clients to receive funding directly to purchase services to meet their care needs -- examine user-fee structures.

Continuing Care – A Path to 2017, and continuing care strategy evaluation documents are available at

www.novascotia.ca/dhw/continuingc arerefresh . Feedback will be accepted until Sept. 11. A five-year continuing care strategy is set for release in 2017.

Changes Coming to Sunday Hunting Rules

The Department of Natural Resources is lifting the ban on Sunday hunting for the first two Sundays of general deer hunting season. The change will apply to all wildlife in season on those dates except moose.

In 2015, Sunday hunting will be allowed Nov. 1 and 8.

"Nova Scotia's natural resources are here for everyone to enjoy and use in a sustainable manner," said Natural Resources Minister Zach Churchill. "After a public consultation and discussions with stakeholders about a range of options, I wanted to find a balance on this issue that would take everyone's positions into account. Allowing hunting on the first two Sundays of general hunting season achieves this balance."

Amendments to the Wildlife Act regulations will also clarify the distance hunters need to stay back from Christmas tree and agricultural operations. Amendments will also make it easier for hunters to help farmers deal with nuisance wildlife.

Public safety was an important consideration in the decision. Hunting accidents are rare in Nova Scotia and almost never involve non-hunters. There will be an awareness campaign closer to hunting season to help ensure Nova Scotians know about the Sunday hunting change.

Landowner rights was an area of interest during consultations.

Hunters are strongly urged to respect landowners' wishes about hunting on private property.

Premier Puts Enforcement of Child Support Orders on National Agenda

Provinces and territories will work together to trace and locate parents who are not paying court-ordered child support.

Premier Stephen McNeil and B.C. Premier Christy Clark will work with justice ministers across Canada to explore ways of strengthening the maintenance enforcement system and to improve the rate of collection of payments awarded to families by the courts. Information-sharing arrangements exist nationally, but it can still be challenging to locate someone who moves to another province or territory.

Cases are more likely to be in arrears when the parent ordered to provide child support lives in a different province or territory than the parent caring for the child. Premier McNeil says when the courts determine that one parent owes child support, they should be expected to pay it, regardless of where they live.

Nova Scotia is taking steps to improve the maintenance enforcement program provincially. The province's 20-year-old program is under review, and the results and measures to improve the program will be released later this summer.

(Cont'd next page)

Bill's Blog cont'd

Housing Nova Scotia – Grants/Programs/Services

Housing Nova Scotia is a provincial government corporation and is staffed by more than 90 employees who deliver and design programs.

Their job is to ensure a range of programs, services and homes are available to Nova Scotians. When people have the means to choose the housing that is right for them, they are healthier, happier, and go on to lead more productive lives. This benefits the whole society.

They strive to ensure that all Nova Scotians can live in a home that's right for them, at a price they can afford, in a healthy, vibrant, and diverse community/ Over the coming months and years, they will offer new programs to support a broad range of Nova Scotians, from all backgrounds and stages of life.

Housing Nova Scotia allows us to focus our efforts and provide programs that better serve the needs of all Nova Scotians through the following programs:

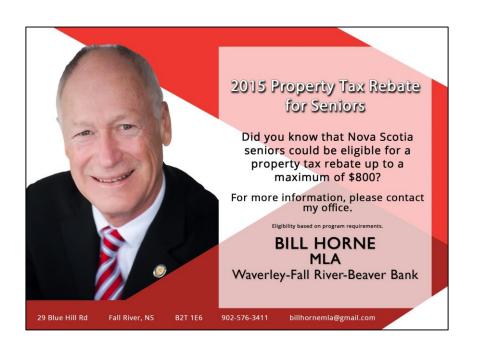
- <u>Landlord Rent Supplement</u> Program
- Public Housing and Other Affordable Renting Programs
- Financial Assistance and Grant Programs for Homeowners
- Housing Programs for Seniors
- Neighbourhood Improvement Initiative
- Housing Programs for Persons with Disabilities
- Housing Programs for Landlords

- Programs for Developers of Affordable Housing
- Affordable Housing Projects
- Shelter Enhancement

More information can be found at http://housing.novascotia.ca/ or by contacting our office.

Contact US

Our constituency office is open 9:00–4:30, Mon-Fri. at 29 Blue Hill Road, Fall River, 902-576-3411. Please call or drop by with any issues you would like to discuss. If anyone would prefer to meet in Beaver Bank, just contact our office to make arrangements.



2nd Beaver Bank Scouting Registration For Boys and Girls

Beaver Scouts, Cub Scouts, Scout Troop, Venturers, Rovers. Scouts Canada has online registration for your convenience or you can call Scouter May at 902-864-1533 for more information.

Fun, adventure and developing good citizenship skills await your youth.

Ages from 5 years upwards.

From all the Scouters in Beaver Bank have a wonderful, safe summer.

(We always have room for some new leaders)



Trip to Ecuador a Life Changing Experience



I would like to take this opportunity and thank everyone who helped, and supported me on reaching my goal to get to Ecuador with *Me to We* and *Free the Children*. This was an eye-opening, and life changing experience.

While there, we were able to finish our assigned project, which was building four walls of a small cafeteria in a community called Shuid. We also got to meet many of the community members and learn about their day to day routines.

-Submitted by Katie West

EVENT INFORMATION HISTORIC CHURCH AND GRAVEYARD TOURS

"THE CHURCH ON THE HILL" ST. JOHN'S ANGLICAN CHURCH 934 AND 954 OLD SACKVILLE RD.

SAT. SEPT. 26
OR RAIN DATE SAT. OCT. 3
ONLY 3 SCHEDULED TOURS
12 PM-1:30 PM
2 PM-3:30 PM
4 PM-5:30 PM
ADMISSION \$5.00

HALL OPEN FOR REFRESHMENTS, CRAFTS AND INFORMATION

LIMITED TICKETS

FOR MORE INFORMATION CONTACT DARRYL AT 902-835-6762 OR RUTH AT 902-865-2620



DARRELL SAMSON

SACKVILLE - PRESTON - CHEZZETCOOK

Contact:

Email: Darrell@darrellsamson.ca

Tel: 902-580-6112

It's Back to School Time!!

Please slow down and watch for children as they return to school on September 3rd.

Have a safe and successful year!

-Beaver Bank Awareness Association



Outdoor Movie Night held at the Lion's Club





Every year, the Lions Club hosts a Free Kids Movie Night for families in our community. Free hotdogs, corn on the cob, refreshments, freezes and popcorn were served. The movie "HOME" played on the outdoor screen, ending with fireworks on a beautiful summer's night. Approximately 140 people came to our movie night.

During the year, our club collects "Coins for Kids" from our members as well as guests. All money collected goes toward providing free events for children in our community. The movie night is one; the Family Fun Day in June, and Easter Egg Hunt and some years we have done a skating party.

-Lisa Mitton

Movie Night at the Beaver Bank Lions Club held on August 14th, 2015.



Tri Waters Area is looking for Girl members and Leaders

Bedford-Sackville-Mount Uniacke-Fall River-Beaver Bank



Girl Guides of Canada Guides du Canada

Register Online girlguides.ca 1-800-565-8111

For More information email: Tri-waters@girlguides.ns.ca



Serving the community since 1960 Call Wade Slauenwhite 902-422-1211

Announcements

Wanted: Beaver Bank scouting memorabilia

2nd Beaver Bank Scouting would love to have some early history memorabilia photos and stories going back to the days of when 1st Beaver Bank Scouting started, and leading up to today's ever growing, and thanks to our great Scouters, highly motivated 2nd Beaver Bank Scouting Group. Please contact me with any information you may have at mrenfrew@eastlink.ca or 902-864-1533.

In Scouting Fun, thank you.

Farm Market

Scouter May

Sundays 1-5pm Beaver Bank Kinsac Community Centre

Speed Sign

If you would like to make a request to have the speed sign erected in your neighbourhood, please contact the Beaver Bank Community RCMP office at 864-6072 to find out more!

How to Submit an Announcement

Residents are welcome to submit wedding, engagement, baby, thank you and condolence announcements free of charge. Please submit using our online form at www.Beaverbank.ca. We are happy to assist if you so require.

In Memoriam

Boutilier, Florence In loving memory of our Mother Florence Boutilier who passed away September 23, 2014

She was a mother so very rare, Content in her home & always there, On earth she toiled, in heaven she rests, God bless you mother, you were the best.

-Loving Children Peter & Judy, Brenda, Owen, Oraleen & Reed, and Maxine

Woods, Irene In loving memory of Irene Woods who passed away September 6, 2006

> Treasured memories keep you near, As time unfolds another year, No need for words except to say, Still loved and missed in every way

-Loving Husband Andy and Children Peter and Judy

Thank You

We would like to extend our thanks to our relatives, friends, and the community for their sympathy in the loss of our Husband, Father, and Grandfather, Ray Sampson. We would especially like to thank the Reverend Cathy Lee Cunningham of the Church of the Good Shepherd and the Doctors and staff of the 9A ward of the Victoria General. Thank you to all who attended the service, and to those who made donations to the church in Ray's name. The Family has decided to use some of the funds donated to place a pair of benches in memory of Ray at the church.

-Cora and Family.

A really big "Thank You" to all the hundreds of people who joined us at our Scouting Games Site, at the Community Center field on July 1st.

-Scouter May

Church Services

Church of the Good Shepherd

Anglican Church of Canada 28 Trinity Lane, Beaver Bank

Rector: Rev. Cathy Lee Cunningham

Sunday Service: 10:00 AM

Sunday School (ages 3-9) 10:00 AM

Family, friends and new members welcome.

Church Wardens

Dwain Gordon: 864-0024 Brian Britten: 864-0678

Past Warden

Dameon Lowe: 865-2320

Please contact Rev. Cathy Lee regarding Baptisms, Weddings, Illness or a Pastoral visit

at 865-0203.

We actively support Beacon House and donations can be brought to the Church on Sunday mornings, or call Jean Bevan at 865-2262 to make arrangements.

Hall Rentals call Cora 864-7070

Upcoming Fundraisers

Nickel Auction: Sat. Sept 26th

Doors open at 1pm - Auction begins at 2 pm

Wine & Cheese Silent Auction: Oct 16th

Doors open 7 pm

Turkey Supper: Nov 7th, 4 pm to 6 pm

Please check out our website at:

www.beaverbankchurch.com

Faith Baptist Church

299 Stokil Dr., Lr Sackville **Phone:** Office 865-5419 **Kitchen / Hall:** 865-3773

Email: faithbaptist@ns.aliantzinc.ca
Website: http://faithbaptist.ca
Pastor: Rev. Borden Scott 865-8224
Associate Pastor for Visitation:

Dr. João Matwawana 865-8850 **Sunday Service:** 11:00 am



First Sackville Presbyterian

60 Beaver Bank Rd, Lr. Sackville (Across from Glendale Plaza) Minister: Rev. Jean MacAulay Church Office: 865-4053 (machine) Email: jeanmacaulay@eastlink.ca

Sunday Service: 9:30 am

Sunday school: 9:40 am Sept. – June **Nursery Provided:** Sept. – June

Crossroads Wesleyan Church

971 Windgate Drive, Beaver Bank

Phone: 864-2035

Web: www.mycrossroadschurch.ca

Pastor: Michael Zottarelli **Service:** Sunday 11:00 am

Living Hope Baptist Church

Address: 971 Windgate Drive Worship: Sundays 9:00 am Sunday school: Sunday 9:00 am

Pastor: Rev. Kelly Holt

Knox United Church

567 Sackville Drive, PO Box 210 Lwr. Sackville, NS B4C 2S9 **Minister:** Rev. Dr. Ross Bartlett **Church Office:** 902-865-9216

Fax: 902-865-0599

Website: www.knoxsackville.ca
Office email: admin@knoxsackville.ca

Sunday Worship Services: Summer 9:30am Service ends

September 6th. Early Service - 8:45am Later Service - 10:30am

Events:

Youth Group - Sunday at 7pm Bible Study - Wednesday at 7pm Choir practice - Wednesday at 7pm Knox Annual Fall Festival Street Party -

Sat. Sept 12th,2-4 pm with music, games,

and food. All free.

Knox Fall Yard Sale: Sat. Oct. 24th - 8:30

am - 12:30pm.

Check our website for Employment

Opportunities.

See our Electronic sign for more events.

Everyone is Welcomed.

Sackville Independent Baptist

Address: 92 Beaver Bank Road Pastors: Pastor Jeremy Eastwood

and Pastor Greg Little **Phone:** 864-3433

www.sackvilleindependentbaptist.org Sunday Service: 11:00am, & 6pm

St. John the Evangelist Anglican Church

Rector: Rev. Norma Mitchell

Church: 954 Old Sackville Road, Sackville Church Hall: 934 Old Sackville Road, Sackville

Parish Office Telephone: 864-3154 Parish Hall Telephone: 865-7107

Email: site@ns.aliantzinc.ca

Services: 8:30 a.m. & 10:30 a.m. on Sundays and

7:00 p.m. on Wednesdays

Holy Trinity Pastoral Unit (Roman Catholic)

Consisting of three parishes:

St Elizabeth Seton, 125 Metropolitan Ave

St Francis of Assisi, Mt Uniake St John Vianney, 4 Beaver Bank Road Mail for all 3 Parishes: 4 Beaver Bank Road

Lr. Sackville, NS, B4E 1G3

Phone: 865-2112 ext 0 (Secretary) Emergencies After Hours 865-6133

Fax: 864-8645

Email: holytrinity@eastlink.ca Website: www.holytrinityns.ca Pastor: Father Marc Syrene

Associate Pastor: Father Jamie Utronkie Administrative Secretary: Karen Smith Mass times for St. John Vianney:

Saturday: 4:30 pm

Sunday: 9am 11:00am, & 6 pm

Sackville United Baptist Church

Address: 1240 Old Sackville Rd Pastor: Pastor Christopher Drew

Phone: 902-865-3681

Sunday Service and Sunday School 10:30 am Listen to Pastor Drew's sermons on our website.

www.SackvilleUnitedBaptistChurch.com

St. John's United Church

125 Knowles Crescent
Ivy Meadows Continuing Care Facility
Administration Floor, Side Door Entrance

Beaver Bank, N.S.

Minister: Rev. Diane MacVicar Phone: 902-443-4336 Worship Time: 11:00 am

St. Francis by the Lakes Anglican Church

192 First Lake Drive Lwr. Sackville NS

Archdeacon Mark Kingsbury 902 223-3120

Rev'd Ken Turner 902 865-8559 Rev'd Faye Forbes 902 860-2752 Rev.'d Joan Helpard 902 865-6993

Schedule of Service

Sept – June 8:00 A.M. 10:00 A.M. Summer July – August 9:00 A.M. Hall Rental Donna 902 865-8169

How to Contact Us: BBCAA

Mailing Address:

1901 Beaver Bank Rd Beaver Bank, NS B4G 1C9

BBCAA Board of Directors:

Chairperson: Victor Cobb 864-4112

Email: victor@hfx.eastlink.ca

First Chair: Dorothy Selig

Second Chair: Robert Crosby

Treasurer: Brian Pitts
Secretary: Felicia Romans
Director: Arthur Mitchell
Director: Rae Marlborough
Director: Marina Johnson
Director: Cheryl Leadlay

C@P Site Representative: Allen Clay

Web Admin: Kristina Crosby-Davis

Beaver Bank Kinsac Bulletin

Editor: Keilie Samson

Beaver Bank Community RCMP Office

Phone: 864-6072

Email: bbk.rcmp@gmail.com

Located at:

Located at: 1583 Beaver Bank Road

We're on the Web! See us at:

www.beaverbank.ca

Printed by:



Bedford Commons

BEAVER BANK KINSAC SENIORS ASSOCIATION 50 PLUS KEENERS

DATES TO REMEMBER

September, October, November, December 2015

Monday: 9:00 AM Beginners Ukulele Practice

10:00 AM Fitness* with Lynn Atton (902-864-0791)

Geared to Seniors \$3.00 Drop In

6:45 PM BINGO Doors open at 6:00 pm

First & third Monday of the month

Tuesday: 9:00 AM Walking Club – with John Murphy (902-865-7431)

1:00 PM Crib with Byron Bolt (902-865-9887)

Wednesday: 10:00 AM Fitness* with Lynn Atton

Geared to Seniors - \$3.00 Drop In

12 Noon Painting with Marie Webb (902-865-1105)

Brown Bag Lunch

Thursday: 9:00 AM Drumming - Djembe Drums

10:00 AM Drop In – Games & Giggles

11:30 AM Eat Out Local Restaurants 1st Thursday of month

12:00 PM Soup & Subs – 2nd & 4th Thursday of month **12:00 PM** Birthday Pot Luck – 3rd Thursday of the month

New members welcome. Membership is still only \$10.00 or \$15.00 per couple.

- *Fitness will be cancelled for the month of September. Starting back
 October 5th. Contact Lynn if you are new to the group.
- All activities take place at the BBK Community Centre with the exception of the Eat Out.

Thank you for your interest and support. Ann – 902-865-0381

Guidelines for Submissions to the Bulletin

The BBK Bulletin will be published 6 times this year (January, March, May, July, September & November). The deadline will usually be the 15th of the month before publication. Please check the last page of the current Bulletin for the specific deadline date.

Written submissions may be sent by email using the "Submit a Story' form on the Beaver Bank website. For handwritten articles, please PRINT any names. Articles may also be mailed to our mailing address. Thank you.

Please submit articles for the next Bulletin by October 15th for publication in November.