

# Beaver Bank Kinsac Bulletin

*The Voice of the Beaver Bank Community Awareness Association*

September 2014

Issue #109

**Community Date Book**  
Proudly sponsored by:



See us on the Web at  
[www.barrettlumber.com](http://www.barrettlumber.com)

## September

3<sup>rd</sup>-HRSB Back to School  
4<sup>th</sup>-CSAP Back to School  
10<sup>th</sup>- Scouting registration  
11<sup>th</sup>-Stand up Against  
Bullying Day  
12<sup>th</sup>- Senior's Assoc. Open  
House & Tea  
25<sup>th</sup>- Cobequid Cultural  
Society Concert  
27<sup>th</sup>- BBCLC Anniversary

## October

13<sup>th</sup>- Thanksgiving Day  
31<sup>st</sup>- Halloween

## November

11<sup>th</sup>-Remembrance Day

## New Halifax RC Park



Aerial view of the new RC track located in Beaver Bank.

If you are a remote control car enthusiast then you'll want to check out the new Halifax RC Park located in Beaver Bank.

This park has been in the making for over a year and can now be enjoyed at the Beaver Bank ball field behind the skate park. It has a nicely laid out 650-foot track with borders made from recycled plastic piping. This piping originally ran along the top of the fences in the park. Now new yellow piping has been installed along the top of the fences surrounding the baseball diamonds

which gives the park a fresh look.

According to their website the Halifax Radio Control Park Committee is a "not for profit" organization run entirely by volunteers from in and around the Halifax area. They are a collection of local RC club members and enthusiasts who share a common goal: to build and maintain a public RC park for the community at large through public and private donations and sponsorships. It is not a club therefore no membership dues or

usage fees. However they ask that people respect the rules which are posted as well as all bylaws and use common sense when using the facility.

For more information regarding ongoing maintenance, improvements, or if you have comments and suggestions you may get in touch by email at: [halifaxRCpark@gmail.com](mailto:halifaxRCpark@gmail.com)

-Keillie Samson

## Beaver Bank Community RCMP office has much to offer

Great things happening in the office!

The speed sign is currently being tested in a location at 1583 Beaver Bank Road and should soon be available, by request, in areas that require monitoring. **Call 864-6072 (correct phone number)** to be put on the waiting list or to volunteer to assist with temporary speeds sign installation at other sites.

We have three volunteers who have Commissioner of Oaths status so, if you have forms which require a Commissioner signature, call 864-1035 or 864-1533 and ask for Ken Meisner, Russ Hennigar or May Renfrew.

Vial of Life packages are available free from this office. It is a good idea to complete relevant family and medical details, pop the vial in the fridge and keep updated for use in case of emergency.

For years we have offered a "buddy system" volunteer phone call service. If you would like to be called to chat on a regular basis let us know and we will arrange convenient times.

The City Watch system is still active. If you have not already signed on and wish to do so either call this office or register online at [www.beaverbank.ca](http://www.beaverbank.ca) (see ad in Bulletin). The Future: we would, once again, like to open the office five

days a week from 9am until 9pm. To do this we require more volunteers (all age groups over 18 yrs). Duties are varied according to capabilities and desire of the individual but could include phoning, data entry for City Watch and updating the Website, Buddy system chats, involvement with the speed sign setting up and monitoring, giving street directions and interacting with visitors to the Centre (which is becoming a busy spot!). If you could spare 3-4 hours weekly we would love to talk to you. No particular skills are required. Note: Volunteering hours recorded on a résumé really count when applying for University or a new job.

*-submitted by Rae Marlborough*

## Community Health Team

The **Community Health Team** (CHT) is a new community health model that focuses on the promotion of health and wellness. CHTs support individuals and families to build knowledge, confidence, and skills to help make healthy lifestyle choices and to better prevent and manage risk factors that are common across chronic conditions.

Each CHT collaborates with many partners, and is working to strengthen links across the health system, and involves the participation of the community it serves. CHTs are led by Primary Health Care at Capital Health, in partnership with the IWK Health

Centre. For more information, visit: [www.communityhealthteams.ca](http://www.communityhealthteams.ca)

We will be providing free health and wellness programs and services to the Cobequid area communities. On October 20th, we will be holding citizen engagement events -one on Hammonds Plains Road and one in Lower Sackville. We would like to invite residents to these events to help inform them of the services of our new team.

More information to come on this new service.

*Submitted by Lisa Sutherland*



**BINGO**

At the Beaver Bank Kinsac Community Centre

**1<sup>ST</sup> AND 3<sup>RD</sup> MONDAY OF EACH MONTH!!**

**7PM-9PM**

**DOORS OPEN AT 6:00PM**

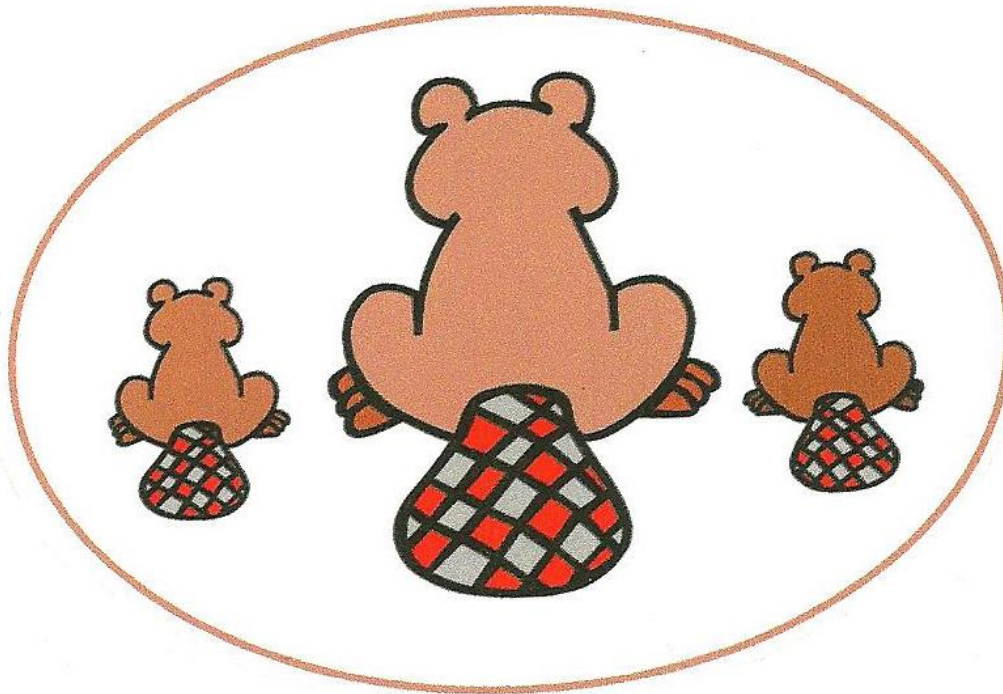
**3 UP BOOKS- \$5!!**

**SPECIALS \$1 EACH!!**

**COOKIE JAR!**

**K KENERS**

## BBCLC Celebrating 10 Years of Childcare



The Beaver Bank Children's Learning Centre opened its doors in September 2004 to provide quality licensed childcare in Beaver Bank. The BBCLC began in the Beaver Bank Kinsac Community Centre, then in 2010 co-owners Cheryl Leadlay and Marina Johnson expanded to a second location at 95 Kinsac Road.

Cheryl and Marina would like to thank all of our families who have supported us in so many ways. We thank the Beaver Bank Kinsac Community Centre, the Beaver Bank Community Awareness Association, many of the small businesses in Beaver Bank for their continued support over the years.

We would like to take this time to thank our teaching staff –some who have been with us from the

beginning and some who have just begun their careers in Early Childhood Education. Your dedication, creativity, and enthusiasm is what makes us great!

We invite families from past and present along with our community supporters to come and celebrate 10 years of service in Beaver Bank. We are excited to have children's entertainers Razzamatazz, face painters, bouncy castle, balloon animals and clowns and a barbecue on Saturday, September 27<sup>th</sup> from 2-4pm at the 95 Kinsac Road location. We hope to see you there!

If you are interested in learning more about our childcare services please contact Cheryl or Marina at 864-5118.

*The Beaver Bank Community Awareness Association would like to remind all Beaver Bankers to please drive safely and watch out for our kids on the first day of school.*





## Beaver Bank Community Centre



First off we want to say thanks to all who came out to our Annual General Meeting on June 19th. We would also like to take this opportunity to welcome our new Board Members and thank past and present Board Members for all their hard work and contributions to the community centre. If you are looking to get involved at the BBKCC please visit our web site and fill out a volunteer form or email us at [bbkcc@eastlink.ca](mailto:bbkcc@eastlink.ca)

Our Annual Canada Day Celebrations were another HUGE success in the community. We had over 2000 community members participate in our free events that included a beer tent with live band SWIG, pancake breakfast, flag raising, family fair, and of course, the ever popular fireworks display to end another amazing Canada Day in Beaver Bank! Thanks to all who help out and make this event possible!! We couldn't do it every year without our amazing volunteers as well as support from Heritage Canada and Halifax Civic Events!!

Our Golf Tournament was held on August 9th at Lost Creek Golf Club where we had a crowd of 32 golfers participate in a fun filled day that included 18 holes of golf, dinner, and prizes! The weather was great and, although nobody walked away with the new car for our hole in one contest, everyone had a great time and we raised over \$2700 for the BBKCC! Hope to see some new faces next year! Thank you to the volunteers who make this possible!

Over the summer we also had our summer camps, various family movie nights, babysitter courses, a family sports night at the BBK School field and Lego Robotics workshops with the Cap Site. Thanks to all who participated in this summer's events - we hope to see you next year!

If you would like to give feedback on any program or event the BBKCC offers please visit our web site and follow the 'contact us' link.

Coming up this fall is the return of Zumba! Classes start Sept 2nd and will run every Tuesday and Thursday night from 7-8pm. The drop in rate for classes is \$6 or you can purchase a 10 class punch card for \$50. We also have options for prepaid 2 month unlimited sessions. Please give us a call at 865-5114 if you would like more info!

Also returning this fall is Women's Volleyball on Monday Nights, Men's Basketball on Thursday nights and Kids (ages 6-12) Ball Hockey on Friday nights. All of these programs start at 6pm at BBK Elementary and have a \$2 drop in fee.

Our Remembrance Day Ceremony will be held Nov 11 starting at 10:30am. Please remember to come a little early if you would like to lay a wreath.

Remember we have lots of rental spaces available to host any event you have in mind!! 2 of our spaces are fully licensed and we have many other great spaces for baby showers, birthday parties, and just about anything else! We also have a full commercial kitchen for all your catering or baking needs!

Keep an eye out for upcoming events including our annual Oktoberfest Dance!!

Visit us online at [www.bbkcc.ca](http://www.bbkcc.ca), [facebook.com/bbkcommunitycentre](https://facebook.com/bbkcommunitycentre) and twitter under the handle @kinsacccommunity!

Jessica Gilby  
Facility Coordinator  
Beaver Bank Kinsac Community Centre

## BBKSA 50+ KEENERS FALL 2014 SCHEDULE

### MONDAY

10:00 am - Fitness  
B I N G O – 7 pm (1<sup>ST</sup> & 3<sup>rd</sup> Mondays)  
Doors Open – 6 pm

### TUESDAY

9:00 am Walking Club  
1:30 pm Cribbage

### WEDNESDAY

10:00 am - Fitness  
September 10 – Oct 15, 12:00 – 2:00 pm - Painting Sessions  
(Bring Your Own Lunch at 11:30)

### THURSDAY

Sept 11, 10 am - 2 pm – Come for the Fun of It Drop In & Brown Bag Social (Bring Your Own Lunch)  
Sept 11 – Oct 16, 10 am – 11am – Djembe Drumming  
Sept 11, 25, Oct 9, 23, 30, Nov 13 – 12:00 – 2:00 pm - Wii Bowling Tournament  
Birthday Pot Luck - Sept 18, Oct 16, & Nov 20 at Noon  
Eat Out – Oct 2, Nov 6 & Dec 4, 11:30 am, Place TBA

### FRIDAY

Sept 12 – 2:00 – 4:00 Open House & Tea – Come and meet our Board Members and learn about our activities. Lisa Blackburn, the new President of the BBK Community Centre will be joining us for the afternoon. There will be a hat judging contest, so design your own or wear your favourite.

### Kripalu Chair Yoga 10 am – 11:30 am

This gentle 90 minute Kripalu Chair Yoga class will benefit men and women at any stage of life, or level of physical health and fitness. Drop-in - \$5.00 per class. For info or to register, please contact Theresa Kersey @ 252-0107

### SATURDAY

Dec 6 Breakfast with Santa  
Keeners & Friends Bake Sale

We love new members. 2015 Membership is still only \$10.00 and may be paid to Jessica Gilby, Community Centre Facilitator, Monday to Friday, 9 am 12, 1pm– 4pm (the exception is Tuesday, 11am – 7pm). Best to call ahead to ensure Jessica is available 865-5114.

Beaver Bank Kinsac Seniors Association  
1583 Beaver Bank Road  
Beaver Bank, Nova Scotia B4G 1C5  
Phone (902)-865-0381

## Bill's Blog

I hope everyone enjoyed our beautiful Nova Scotia summer and had the opportunity to explore and enjoy our lovely province. There are still many events and beautiful parts of the Province to visit during the fall. Our busy students are set to head back to school for another year with many attending for the first time as well as many moving on to new schools. There is a late registration opportunity taking place on August 26<sup>th</sup> and the first day of school is Wednesday, September 3<sup>rd</sup>. The HRSB has marked September 11<sup>th</sup> as **"Stand up Against Bullying Day – Wear Pink"**. Best wishes to all on a successful and safe school year.

### Accessing Government Services with 10-Digit Dialing

Three-digit numbers used for emergencies and other services will not be affected by the change to 10-digit dialing that comes into effect Saturday, August 23<sup>rd</sup>.

Callers will not need to dial 1 or the area code to access **211** (Community and Social Services-Provincial), **311** (Services and Information-Halifax), **511** (Road Conditions-Highways) **811** (Nurse Line) or **911** (Emergency).

Calls to toll-free phone lines will also be unaffected. Contact information for government programs and services is staying the same but callers will need to dial the area code after August 23<sup>rd</sup>.

### Government Invests in Seniors Social Housing

A new federal-provincial housing agreement will provide seniors, families and persons with disabilities with more access to an affordable place to call home.

The governments of Nova Scotia and Canada announced an additional combined investment of 102-million dollars over five years to help more people find affordable housing. It is an extension to the Investment in Affordable Housing agreement.

Community Services Minister Joanne Bernard, who is responsible for Housing Nova Scotia, says too many families and seniors still need affordable housing and this will help. The extension runs to 2019. The original agreement helped more than 183,600 households nationally, and about 7,400 in Nova Scotia.

### MSI Coverage Extended for Out of Province Travel

Planning a long vacation outside the province this year? We've got good news. Starting August 1<sup>st</sup>, Nova Scotians can travel out of the province for a total of seven months per year without losing their MSI coverage.

Anyone who uses provincial Pharmacare programs will also be able to get up to three 90-day refills of their medications before they leave.

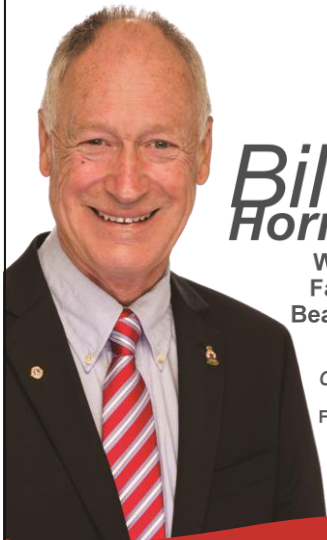
Vacationers planning a long trip

will have to let MSI know in advance. About 900 Nova Scotians register temporary absences with MSI each year.

### Nova Scotia Legislature – Fall Session

We are busy getting ready for the fall sitting of the Nova Scotia Legislature. All proceedings are available on channel 95 for Eastlink Cable subscribers. Eastlink TV carries Legislative Television programming each Tuesday, Noon - 4:00 p.m., Wednesday, 2:00 - 5:00 p.m. and Thursday, Noon - 4:00 p.m., when the Legislature is sitting.

Our constituency office is open 9:00–4:30, Mon-Fri. at 29 Blue Hill Road, Fall River, 902-576-3411. Please call or drop by with any issues you would like to discuss. If anyone would prefer to meet in Beaver Bank, just contact our office to make arrangements.



**Bill Horne**  
MLA  
Waverley  
Fall River  
Beaver Bank

Constituency Office  
29 Blue Hill Road  
Fall River, NS B2T 1E6  
(902)576-3411

[BillHorneMLA@gmail.com](mailto:BillHorneMLA@gmail.com)  
[www.billhorne.ca](http://www.billhorne.ca)



## News and Views

### Access to Employment Insurance at all-time low

Access to Employment Insurance (EI) is at an all-time low with less than 40% of unemployed Canadians eligible to receive benefits. A recent Statistics Canada study also shows that 12,000 fewer people received EI benefits in the month of May—the largest drop in nearly two years. There is no doubt that we are seeing the impact of the federal government's cuts to the EI program. Reductions in the number of public service employees who administer claims have led to lengthy wait times for unemployed workers. It typically takes thirty business days for the federal government to process a normal EI claim and it can take another thirty business days to process any change to an original claim. This is a long wait for individuals who have lost their jobs and are in need of temporary financial assistance until they find new employment. Canadians who find themselves in a situation of temporary unemployment deserve to have access to the insurance benefits they paid into. The NDP continue to push for a reversal of these cuts. My colleague Robert Chisholm (Dartmouth-Cole Harbour) has tabled a bill that would protect workers' contributions to the EI fund and prevent the federal government from dipping into the EI account for any other use. The Employment Insurance program must be there when Canadians need it.

### Ottawa must do more to help soldiers and veterans with PTSD

The rates of post-traumatic stress disorder (PTSD) among members of the Canadian Forces continue to rise according to a recent report by Statistics Canada. The Canadian Forces Mental Health Survey 2013 interviewed approximately 6,700 current full-time members to assess

whether they had experienced depression, PTSD, anxiety, panic, alcohol abuse, and alcohol dependence within the previous year. Figures from the study indicate that approximately one in six Canadian Forces members experienced one of these mental health problems. These findings are alarming. The government must take urgent action to reduce the number of Canadian Forces and RCMP members experiencing mental health concerns.

### Government Needs to Cancel Plans for Parking Fees at Military Bases

Military personnel are upset with the decision by DND to charge for parking at CFB Halifax starting September 1<sup>st</sup>. CFB Halifax will be the first base in Canada to charge for parking. Fees will be levied for parking at six sites including the HMC Dockyard, Stadacona, Halifax Armoury, and Dartmouth Dockyard. DND also plans to oversell the spots by approximately 1,000 passes meaning paying members are not guaranteed a spot. The change in parking fees will also apply to civilians and volunteers with the Military Family Resource Centre. DND says the new fee based parking policy stems from a Treasury Board and Canada Revenue Agency decision that determined that employee parking is a taxable benefit.

This issue first came to my attention three years ago. In a letter to the Minister of National Defence, I asked him to cancel the new fee based parking policy at bases across the country. CF members should not have to pay for parking considering they face multiple deployments, frequent moves, long hours without overtime pay, and many occupational risks. It is an example of how the current government says they support the troops but then nickel and dime them for benefits like employee parking. We urge the Conservative government to put a stop to plans to charge parking fees at military bases.

### Situation in Middle East and Eastern Europe

Canadians are very concerned with the ongoing crisis in the Middle East. Many of you have also contacted me about the situation in the Ukraine and the growing violence in Iraq. As these situations continue to evolve, New Democrats will continue to push for Canada to pursue opportunities for diplomatic resolution and urge all sides to strive for mutual understanding and lasting peace.

As always, please contact me about any concerns or questions at (902) 861-2311 or toll free at 1-888-701-5557 or by email at [peter.stoffer@parl.gc.ca](mailto:peter.stoffer@parl.gc.ca).



### Peter Stoffer, MP Sackville-Eastern Shore

2900 Hwy #2 Fall River, NS B2T 1W4  
Phone: 902-861-2311 Fax: 902-861-4620  
Email: [stoffp1@parl.gc.ca](mailto:stoffp1@parl.gc.ca)

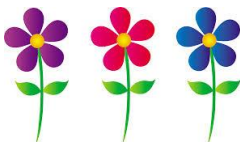


## Beaver Bank Gardens



I took a stroll through the Beaver Bank gardens earlier this season and was so impressed with all the beautiful plants and flowers. If you have a chance, try to visit them and maybe bring a pack lunch to enjoy on the bench under the pergola. Take advantage of the nice weather before it's over for yet another year.

*-Keilie Samson*



### Join City Watch today!

With one simultaneous phone call City Watch can deliver important messages to the community...a lost child, a forest fire, a toxic spill, crime alerts...to hundreds of homes.

By signing on, you will be advised of any critical information that could affect you.

To join City Watch contact the Beaver Bank Community Policing Office at 864-6072 or complete the online registration on the Beaver Bank website.





## Safety tips for Halloween

### Halloween is almost here...

**Motorists are asked to use extra caution, particularly in residential areas, and children are encouraged to follow these recommended safety rules:**

- Dress in a brightly coloured costume. Carry a flashlight and stay close to well-lit areas.
- Go trick-or-treating with at least one other trick-or-treater, or a responsible adult.
- For older children, discuss your route with your parents before you leave and make sure they know what time you'll be home.
- Try to limit criss-crossing the street. Go down one side of the street and up the other to limit the number of times you cross.
- Never enter a stranger's home or car for a treat. Stay on the doorstep or sidewalk while trick-or-treating.
- Have mom or dad check your treats before digging in.
- Remember to dress warmly and have fun!

### Homeowners can also make trick-or-treaters feel safe:

- Keep porch lights or external security lights on.
- Keep doors clear and accessible. Avoid decorating entrances with flammable material and ensure decorations don't pose a tripping hazard.
- Don't invite children inside your home.
- Only give out commercially wrapped candy and snacks.
- Call police immediately if you spot suspicious activity.
- Keep the pets indoors as they may be easily scared by children in costumes.



**TICKETS \$15 EACH OR 2 FOR \$25**

**TWO GREAT BANDS ONE GREAT PRICE**

**SWIG & THE BOMBADILS**

**THURSDAY SEPTEMBER 25TH**

**BEAVERBANK KINSAC COMMUNITY CENTRE**  
 DOORS OPEN 7:00 MUSIC STARTS AT 7:30 • BAR SERVICES PROVIDED  
 CO PRODUCED BY THE COBEQUID CULTURAL SOCIETY, SWIG, AND THE BOMBADILS  
 FOR TICKETS PLEASE CONTACT: ANN 865-0381 • HELEN 861-4675 • LIZ: 233-9890  
 COBEQUID CULTURAL SOCIETY: WWW.CCCAS.CA

**The property tax rebate helps senior citizens remain in their homes by providing a rebate of up to \$800**

For more information contact my office

**Bill Horne**

MLA Waverley-Fall River-Beaver Bank  
 29 Blue Hill Road  
 Fall River, NS  
 T: 902-576-3411 billhornemla@gmail.com



## Announcements

### Engagement

#### Parsons -Joudrey



Marvin and Geri Parsons of Beaver Bank and Walter and Janice Joudrey of Northfield, Lunenburg Co. Are so very pleased to announce the engagement And upcoming October wedding of their children Andrew Joseph Parsons (AJ) and Melissa Lynn Joudrey (MJ) We wish them much happiness.

### Open letter of thanks

July 2014

To Whom It May Concern:

Please accept this letter as a thank you for your generous support in the recent fundraiser for Leonard Hartlin which took place on June 21 at the Beaver Bank Community Center. My father would like to extend his thanks in your contribution and we wanted to let everyone know that the fundraiser was a huge success! We raised \$8568.40! The night was filled with lots of laughs, family and friends sharing old memories and we even got my dad up for a few dances!

Thank you once again for your contribution to this night that we will remember for years to come!

Sincerely,

Grant Hartlin

### Registration

#### Scouting Co-Ed Registration 2014 / 2015

Wednesday September 10<sup>th</sup>  
7:00-8:15pm  
Brown Hall  
351 Beaver Bank Road

Fee for the year is \$145. Your scouting youth is welcome to try for 2 free weeks.

We are proud to say that Beaver Bank has:

3 Beaver Scout Colonies: Ages from 5yrs to nearly 8yrs.

2 Cub Scout Packs: Ages from 8yrs to 11yrs.

1 Scout Troop: Ages from 11yrs to 14yrs.

Venturers. Rovers.

Please note that boys/girls starting school for the first time in September will be accepted into Beavers.

A colony Beavers meet at Monarch School Tuesday nights.  
B colony Beavers meet at the Brown Hall Wednesday nights.  
C colony Beavers meet at the BB Kinsac School Tuesday nights.  
B Cub Scouts meet at HT Barrett School Monday nights.  
C Cub Scouts meet at BB Kinsac School Wednesday nights.  
Scout Troop meets on Wednesday nights at our camp.

Joining this enthusiastic Scouting Group guarantees Scouting fun and adventures for all ages. Camping, campfires, outdoor cooking, hikes, parades, parties, field trips, overnights, etc. In Scouting you have lasting friendships, fun, learning and adventures.

For more information please call Scouter May at 864-1533.

**It all begins with Scouts.**

#### How to submit an announcement

Residents are welcome to submit wedding, engagement, baby, thank you, and condolence announcements free of charge.

Please submit using our online form at [www.Beaverbank.ca](http://www.Beaverbank.ca) .  
We are happy to assist you if you so require.



## Church Services

### Church of the Good Shepherd

Anglican Church of Canada  
28 Trinity Lane, Beaver Bank  
Rector: Rev. Cathy Lee Cunningham  
**Sunday Service:** 10:00 AM  
**Sunday school (ages 3-9):** 10:00 AM  
Family, friends and new members welcome.  
[www.goodshepherdchurchbeaverbank.com](http://www.goodshepherdchurchbeaverbank.com)

### Church Wardens

Dwain Gordon 864-0024  
Brian Britten 864-0678

### Past Warden

Dameon Lowe 865-2320  
Please contact Rev. Cathy Lee regarding  
Baptisms, Weddings, Illness or a Pastoral  
visit at 865-0203  
We actively support Beacon House and  
donations can be brought to the Church on  
Sunday mornings, or dropped off at Hartlen's  
Kwik-Way / Wilsons through the week or call  
Jean Bevan at 865-2262 to make  
arrangements.

### Mark your calendars:

September 13th, Yard Sale  
September 27th, Nickel Auction  
Oct. 17th, Wine & Cheese / Silent Auction  
November 1st, Turkey Supper  
Card Socials will resume Thursday,  
September 4th, Church of The Good  
Shepherd Hall. Auction 45 is played  
Thursday evening starting at 7:30 pm.  
Refreshments provided.  
\$5.00 admittance. Everyone welcome.

### We have exciting news!

The Labyrinth flooring is nearly completed,  
but you can still purchase a square foot  
section of the labyrinth for \$40.00. A plaque  
will be posted honouring those who have  
donated contributions for payment of the  
floor. In addition this will also be your chance  
to purchase a square foot in memory of a  
loved one and have their name posted on the  
plaque. It's never too late.

### Faith Baptist Church

299 Stokil Dr., Lr Sackville  
**Phone:** Office 865-5419  
**Kitchen / Hall:** 865-3773  
Email: [faithbaptist@ns.aliantzinc.ca](mailto:faithbaptist@ns.aliantzinc.ca)  
Website: <http://faithbaptist.ca>  
**Pastor:** Rev. Borden Scott 865-8224  
**Associate Pastor for Visitation:**  
Dr. João Matwawana 865-8850  
**Sunday Service:** 11:00 am

### Living Hope Baptist Church

971 Windgate Drive  
**Worship:** Sundays 9:00 am  
**Sunday School:** Sunday 9:00 am  
**Pastor:** Rev. Kelly Holt

### 1st Sackville Presbyterian

60 Beaver Bank Rd, Lr. Sackville  
(Across from Glendale Plaza)  
**Minister:** Rev. Jean MacAulay  
**Church Office:** 865-4053 (machine)  
**Email:** [jeanmacaulay@eastlink.ca](mailto:jeanmacaulay@eastlink.ca)  
**Sunday Service:** 9:30 am  
**Sunday school:** 9:40 am Sept. – June  
**Nursery Provided:** Sept. – June

### St. John's United Church

**Sunday Worship:** 11:00AM  
**Minister:** Rev. Allison Davis  
**Minister's Phone:** 293-9381  
E-Mail: [easter.people@hotmail.com](mailto:easter.people@hotmail.com)  
**Community Contacts:**  
Ron & Carol Cochrane: 865-2962  
George & Joyce Hull: 864-7095  
We gather for worship in the Chapel  
At Ivy Meadows CC Facility  
Administration Building, Main Floor  
125 Knowles Crescent, Beaver Bank  
**We are an open and welcoming faith  
community! ALL WELCOME**

### St. John the Evangelist Anglican Church

**Rector:** Rev. Sandra Hounsell-Drover  
**Church:** 954 Old Sackville Road,  
Sackville  
**Church Hall:** 934 Old Sackville Road,  
Sackville  
**Parish Office Telephone:** 864-3154  
**Parish Hall Telephone:** 865-7107  
Email: [site@ns.aliantzinc.ca](mailto:site@ns.aliantzinc.ca)  
**Services:** 8:30 a.m. & 10:30 a.m. on  
Sundays and 7:00 p.m. on Wednesdays

### Crossroads Wesleyan Church

971 Windgate Drive, Beaver Bank  
**Phone:** 864-2035  
**Web:** [www.mycrossroadschurch.ca](http://www.mycrossroadschurch.ca)  
**Pastor:** Michael Zottarelli  
**Service:** Sunday 11:00 am

### Sackville Independent Baptist

**Address:** 92 Beaver Bank Road  
**Pastors:** Pastor Jeremy Eastwood  
and Pastor Greg Little  
**Phone:** 864-3433  
[www.sackvilleindependentbaptist.org](http://www.sackvilleindependentbaptist.org)  
**Sunday Service:** 11:00am, & 6pm  
**Sunday school:** 9:45am for all ages  
**Wednesday:** Prayer meeting 7:15 pm

"Serving Him only by His grace and power"  
(Ephesians 3:7-8)

### Holy Trinity Pastoral Unit (Roman Catholic)

Consisting of three parishes:  
**St Elizabeth Seton**, 125 Metropolitan Ave  
**St Francis of Assisi**, Mt Uniacke  
**St John Vianney**, 4 Beaver Bank Road  
Mail for all 3 Parishes: 4 Beaver Bank Road  
Lr. Sackville, NS, B4E 1G3  
**Phone:** 865-2112 ext 0 (Secretary)  
**Emergencies After Hours** 865-6133  
**Fax:** 864-8645  
**Email:** [holytrinity@eastlink.ca](mailto:holytrinity@eastlink.ca)  
**Website:** [www.holytrinityns.ca](http://www.holytrinityns.ca)  
**Pastor:** Father Marc Syrene  
**Associate Pastor:** Father Jamie Utronkie  
**Administrative Secretary:** Karen Smith  
**Mass times for St. John Vianney:**  
Saturday: 4:30 pm  
Sunday: 9am 11:00am, & 6 pm

### Knox United Church

567 Sackville Drive, PO Box 210  
Lwr. Sackville, NS B4C 2S9  
**Minister:** Rev. Dr. Ross Bartlett  
**Church Office:** 865-9216  
**Fax:** 865-0599  
**Website:** <http://www.knoxsackville.ca/>  
**Office email:** [admin@knoxsackville.ca](mailto:admin@knoxsackville.ca)  
**Sunday services:**  
From June 29<sup>th</sup> to Sept. 7<sup>th</sup> there will be one  
service only at 9:30am. Then we go back to  
our 8:45am and 10:30am services.

Sackville Farm Market in Knox United front  
parking lot Saturdays 9am - 1pm. Fresh fruits &  
Vegetables. Visit  
[www.SackvilleFarmMarket.com](http://www.SackvilleFarmMarket.com) for list of  
vendors.

Knox Street Party & Fall Festival  
Sat. September 13th 2-5pm  
Everyone Welcomed.



## How to Contact Us: BBCAA

**Mailing Address:**  
1901 Beaver Bank Rd  
Beaver Bank, NS  
B4G 1C9

**BBCAA Board of Directors:**  
**Chairperson:** Victor Cobb 864-4112  
Email: [victor@hfx.eastlink.ca](mailto:victor@hfx.eastlink.ca)  
**First Chair:** Dorothy Selig  
**Second Chair:** Robert Crosby  
**Treasurer:** Brian Pitts  
**Secretary:** Felicia Romans  
**Director:** Arthur Mitchell  
**Director:** Rae Marlborough  
**Director:** Marina Johnson  
**Director:** Cheryl Leadlay  
**C@P Site Representative:** Allen Clay  
**Web Admin:** Tammy Crawford  
**Web Admin:** Jeff MacDonald

**Beaver Bank Kinsac Bulletin**  
**Editor:** Keilie Samson

**Beaver Bank Community  
RCMP Office**  
Phone: 864-6072

**Email:** [bbk.rcmp@gmail.com](mailto:bbk.rcmp@gmail.com)  
Located at:  
1583 Beaver Bank Road

---

**We're on the Web!**  
See us at:  
[www.beaverbank.ca](http://www.beaverbank.ca)



## Free Zumba® DEMO

Thursday Sept. 4<sup>th</sup> (7-8pm)

### Beaver Bank Kinsac Community Centre

See what makes Zumba® so much fun! It's more like a party than exercise!

Dress comfortably, bring some water and wear sneakers! The fitness part of the demo will last approximately ½ hour.

Q & A session after the cool down. Refreshments to follow.  
Opportunity to purchase punch cards and sessions at end of demo.

---

~Limited attendance. Adult class (age 12+ permitted with accompanying adult).  
Participants are advised to register in advance by contacting:  
~Jessica at 865-5114 (BBKCC) – or drop in to the centre to register in person  
~ Patricia Gaetz (instructor) via email at [pmgaetz@eastlink.ca](mailto:pmgaetz@eastlink.ca)

### Guidelines for Submissions to the Bulletin

The BBK Bulletin will be published 6 times this year (January, March, May, July, September & November). The deadline will usually be the 15<sup>th</sup> of the month before publication. Please check the last page of the current Bulletin for the specific deadline date.

Written submissions may be sent by email using the "Submit a Story" form on the Beaver Bank website. For handwritten articles, please PRINT any names. Articles may also be mailed to our mailing address. Thank you.

**Please submit articles for the next Bulletin by  
October 15<sup>th</sup> for publication in November.**