

Beaver Bank Kinsac Bulletin

The Voice of the Beaver Bank Community Awareness Association

January 2014

Issue #105

Community Date Book
Proudly sponsored by:



See us on the Web at
www.barrettlumber.com

January

1-Happy New Year!
15-Beaver Bank Wind Turbine
Lunch and Learn (pg. 4)
25-Fundraiser Luncheon/card
social (pg. 10)

February

22-Monte Carlo Fundraiser for
the BBCCA (pg. 5)

**In this Issue:
Wonderful
stories from
the holidays!**

51 years of Christmas Spirit



'Twas the night before
Christmas and all through
the house...

For me, the story signifies
my earliest memory of the
magic of Christmas at our
house. My beloved
childhood book, now well-
thumbed and worn, was
read to me each night by
my dad, Mr. Bill Matthews,
for ten nights before
Christmas. Along with the
storytelling, other very
special preparations were
also in progress...the
hand crafted and hand
painted, outdoor
decorations to be placed
on our front lawn, 747
Beaver Bank Road.

Each year on a November
day, a walk up the woods
road behind Dad's house,
took us to a stand of
balsam firs...the
Christmas trees. Years
of trimming and thinning
provided not only our
annual Christmas tree but
also bundles of fir boughs
for wreaths and smaller
firs to add to the lawn
scenes. The days to
Christmas were and still
are, checked off as each
outdoor piece is erected,
staked to the ground, guy
wires installed and
spotlights put in place.

Just after he built his
present home in 1960,
Dad began creating the

decoration pieces in his
basement workshop
and with the help of
mom's ideas; the
collection has now
grown over the years to
ensure every corner of
the yard has a beautiful
display. Some pieces,
like my old book, are a
little tattered and some
are gone by now but
the oldest, original
piece still exists, the
small Santa Claus
pulled by three
reindeer. The seven
foot Santa Claus,
almost-as-old, although
now sits on the lawn, at
one time used to sit on
the roof, with Saint
(Cont'd next page)

Christmas Spirit (continued)

Nick 'stepping' into the chimney. I remember well, the year it blew off in a big windstorm. The happy snowman, trio of carolers, and Santa in his sleigh of gifts who is now also retired, are other favorites. Some may remember mom and dad's most loved scene, the life-sized nativity complete with a 'barn' and 'star of the east', had streaming lights from the top of the chimney. It was quite a site. Eventually, the nativity figures with their carved woodenheads and flowing robes by mom, succumbed to the maritime weather. The Peace on Earth angels...now stand in their place, until another can be made. Christmas at our house was certainly a place of magic and to a young child, you were like Santa himself as on the pages of my beloved book, complete with a busy work shop that produced a



fleet of rocking horses, 15 in all, along with so many other things. Dad, for your efforts for the past 51 years, your family, wishes to thank you for putting up the scenes 'just one more year'.

Thanks Dad...Papa... and thanks Mr. Bill Matthews for sharing your Christmas spirit with us and your community.

Submitted by Pam Snow (daughter)

Beaver Bank boy collects for Adsum House



Merry Christmas

Thank you so much for your support.
Together we collected 153 pairs of new pajama's for Adsum House for Christmas.
Thats over 600 pairs in 4 years.
Love Tony



Over the past four years Tony Jr, age 10, has collected over 600 pairs of new pajamas which he donates to Adsum House for kids and their moms who don't have the resources to buy them on their own.

Adsum House operates from different locations in and around Halifax by supporting women and children who are homeless or at risk of becoming homeless, through short and longer term housing, programs and resources.

This year this young Beaver Banker delivered 153 pairs of PJ's in December –just in time for Christmas. Aside from his volunteer work Tony is an avid hockey player and loves to read. Great job Tony, you are an inspiration!

-Keillie Samson

Greenforest Subdivision unite for a great cause



Pictured left to right: Kent Hill, Francis Burke, Jim Perrin, Allan MacNeil, Dawn MacNeil, Debbie Perrin, Christina Perrin, Madison Hill, Joanne Burke, Gerry Murphy, Georgina Fitzpatrick, Shelly Boutilier, Caroline Perrin, and Abby Hill.



There is a wonderful tradition that has taken place in Greenforest Subdivision for the last 16 years. Early each December the Shebib, Murphy, Burke, MacNeil, Perrin, Hill and Blanchard families set out to collect food items from the generous people of Greenforest Subdivision.

Over the years, tons of non-perishable food items have been collected and delivered to Beaver

Bank Monarch Drive school, for distribution to those in need in our Beaver Bank community. All of our children attend or have attended BBMD and although many have grown and moved, they still try to get back to participate in this important annual event. This tradition allows us to work together in our subdivision and give back to our community.

Our neighbours have come to

expect us and their generosity continues to amaze us each year. This has become a special part of our Christmas and we would like to thank the residents of Greenforest Subdivision for your continuous support.

We will be back in 2014. If you are interested in participating please contact Lisa at 864-4438, Dawn at 864-0097 or Georgina at 864-2019.



Prevent crime by arming yourself with information.
Visit the HRM Crime mapping website for up-to-date information on crimes in our area.

<http://maps.halifax.ca/crimemapping/>

North Beaver Bank Wind Project Update

Community Feed-In-Tariff Awarded

Scotian Wind has been awarded a Community Feed In Tariff approval from the provincial government to work on a proposal for a 4 turbine (8 MW) project in North Beaver Bank. The Nova Scotia Community Feed-In Tariff, or COMFIT, is designed for locally-based renewable electricity projects. To be eligible, the projects must be community-owned and connected at the distribution level (i.e., typically under 6 MW). A Feed-In Tariff is simply a straightforward way to contract for renewable energy generation. It provides standardized program rules, prices and contracts. You can learn more about Nova Scotia's ComFIT program on their website at: <https://nsrenewables.ca/feed-tariffs>

Environmental Assessment

Scotian Wind hired a 3rd party consulting firm to conduct the environmental assessment as a requirement of the project approval process. This assessment has been submitted to the Department of Environment for their review. They have been collecting public comment and reviewing the document. They will issue a ruling on it early in the New Year.

Benefits

There are several widespread benefits and a significant local benefit. The project is owned by Nova Scotians and controlled locally by Nova Scotians. The

power produced by the wind turbines will be distributed on the local grid giving the businesses and residences served by the turbines a lower carbon footprint than others outside the area.

The project will also 'give back' to the community in the form of a Community Dividend in the amount of 1% of gross revenue directly designated for community projects that are local to Beaver Bank. Based on this formula, we expect the 4 turbines to produce in the range of \$30,000 to \$35,000 income for these community projects each year. We have arranged with the Beaver Bank Community Awareness Association to be sure that the money is distributed within this community through a transparent and open process to community approved and worthy projects. With installation projected to be completed in late 2014, first cheques from the community dividend fund could begin to be issued during 2015 and continue for the 20 years of the Power Purchase Agreement.

Community Open Houses

We held an initial public open house in March of 2013 to inform residents about the ComFIT award and to talk about the project proposal. More recently, we organized a second public meeting to tell folks about the environmental assessment process. Because we wanted to be sure that the information was widely received, we decided that an informational flyer should be distributed by general mail drop. The flyer contained information

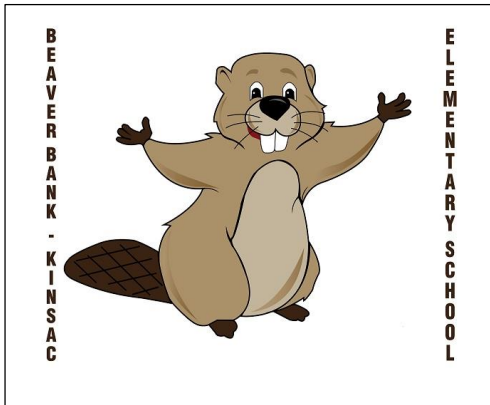


about the Environmental Assessment process and contact details. We also added an open house to give people chance to drop by the community centre and chat to staff about any questions they might have. Although we had submitted our material to the post office well in advance of the meeting, circumstances caused many of the flyers to be delivered too late for many people to have the chance to attend. This caused us significant distress because we had hoped to be able to meet people in person to answer their questions.

In order to make up for the missed opportunity and to give folks another chance to ask questions in person, we are offering a **lunch and learn at the Beaver Bank Kinsac Community Centre on Wednesday January 15 from noon to 1 pm**. Please drop by and chat with our staff about the project. We'll hope to answer any questions you may have. Also please feel free to call our office with questions.

As the Community Coordinator, I will do my best to find solutions and answers for all of your questions and concerns. Call 1-877-798-5085 and ask for Gay Harley or email me at: gharley@scotianwindfields.ca.

Beaver Bank-Kinsac Elementary School Update



Breakfast Program

The newly renovated space in the school will be open for business on January 6th. It will have a great start thanks to two recent donations. The Beaver Bank-Kinsac Lion's Club and the Church of Good Sheppard both made very nice donations to support this volunteer and not for profit school and community partnership.

Warm Fingers and Heads

Thank you also to local ladies, Michelle Fudge and Betty Evans. They have been busy knitting mittens and hats for Kinsac Kids that get wet or forget their mittens. Thanks so much.

Turkey Dinner

On Thursday December 19th, Beaver Bank Kinsac Elementary will be celebrating the holiday season with our 4th annual turkey dinner. This truly is a very exciting day for the staff, students and the community as we celebrate the season and look forward to the many great things that the New Year will bring. Thanks to coordinator Bev Gaudet (BBK Librarian) for her efforts in this annual event.

We Day!

On November 27th, twenty-nine grade six students from BBK took part in the first annual WE DAY held at the Halifax Metro Centre along with eight thousand other students from around Atlantic Canada. It was an energetic and inspirational day that has led our students to begin planning how they can become more involved in supporting the local and global community. Upon returning from the event, our grade six students teamed up with Beaver Bank Monarch Elementary to participate in *Cards for Care*, an effort to raise money in support of the Philippines Relief. Continued efforts by our students will hopefully result in our school being invited back to the event in 2014, as the tickets can only be acquired through service work.

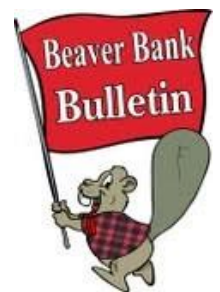
-Submitted by
Allyson Myer Corey, Grade 5
Beaver Bank Kinsac Elementary



The Beaver Bank Community Awareness Association
will host a

Monte Carlo Night

In support of the Beaver Bank Kinsac Bulletin



When: February 22nd

Where: Beaver Bank Kinsac Community Centre

Theme: "The Old West"

Many
prizes to
be won!!!

Bring your cowboy hat!
Enjoy a great evening of gambling and fun!
Cash bar!

BBKSA (50+ Keeners) Report for January 2014

What is Memory?

Memory involves three processes:

1. **Encoding:** Getting information into memory
2. **Storage:** Keeping the information in memory
3. **Retrieval:** Getting the information back out of memory when it is needed

Many "memory" problems are not memory problems at all; they are problems of attention. In order to remember something we have to pay attention in the first place. The brain cannot retrieve what has not been stored. It is important to pay close attention to information that we want to remember.

Types of Memory:

1. **Semantic memory** refers to the accumulation of facts and experience over a lifetime. It can include knowledge of trivia, geography, history, and vocabulary. Semantic memory usually remains about the same or increases after age 65, it is knowledge that is used often.
2. **Immediate memory** involves remembering what was seen or heard just a few seconds ago. Immediate memory is unique in that it has a very limited capacity and is easily disrupted. A distraction can often disrupt a person's train of thought. This type of memory changes very slightly with age.
3. **Recent memory** involves remembering what happened minutes, hours or days ago. This memory helps us to know where we parked our car, what

we had for dinner last night, or the name of a person that we met last week. This type of memory may decline with age.

4. **Remote memory** involves remembering things that happened many years ago. This may include remembering things that happened in the world or things that happened personally. Some aspects of remote memory will decline with age other aspects do not decline.
5. **Prospective memory** involves remembering to do something in the future. Remembering a doctor's appointment next week. This type of memory declines with age if no reminders are used.
6. **Procedural memory** involves remembering how to do something, like riding a bike, how to swim, and tie shoelaces. This type of memory tends to stay the same with age.

This information along with effective strategies for learning and remembering was provided to the Keeners in November at the BBK Community Centre. Jeanette Fleet, BN RN and Alana Aisthorpe MSW RSW from Capital Health presented this material during a program entitled **Brain Health, Memory & Aging**. Due to the popularity of this program we will be running a second series in March.

Our First Annual Christmas Get Together was a tremendous success providing opportunities for members to relax and socialize. Thank you Rae Marlborough and

your team for planning and catering this event.

Remember our Bingo the first and third Monday of the month at 7pm, doors open at 6pm. Bridge every Monday at 1:00pm (with the exception of holidays) and Crib every Tuesday at 1:15pm. Fitness is scheduled for 10:00 am on Monday and Wednesday. Crafts and drumming are scheduled on Wednesdays. These activities take place at the BBK Community Centre.

We love new members and would be happy to have you join us. Membership Dues are still only \$10.00 for 2014. For further information visit us on Thursdays between 10:00am & 2:00pm during our Drop In at the Community Centre, 1583 Beaver Bank Road or visit www.bbkcc.ca.

I would like to take this opportunity to wish everyone a happy and healthy New Year and to thank our members very much for their dedication and commitment. We are truly blessed with wonderful members that go far beyond their own interest for the good of the seniors of our Community. I look forward to our continued relationship in 2014.

Respectfully submitted,

*Ann Benson
BBKSA President*



Beaver Bank Kinsac Community Centre Winter 2014 Programming

Program	Age	Time	Start Date	Cost	# of Weeks
Monday					
Bridge Club	Adult	1-4:00pm	Ongoing	\$1 drop in	
Bingo	All	6-9:00pm	1 st and 3rd Monday of Each Month	3 up books - \$5, \$1 specials	ongoing
Women's Volleyball	Adult	6-8:00pm	Sept 16th at BBK Elementary	\$3 drop in	
Beginner Yoga	Adult	7-8:30pm	January 13th	\$45	5
Tuesday					
Walking Club	Adult	Meet 9am BBKCC parking lot	Ongoing		
Cribbage	Adult	1:30pm	Ongoing	\$5	Ongoing
Latin & Ballroom Dancing	Adult	7-8:00pm	January 21st	\$125/ couple	8
Brickz4Kids (Lego)	5-12	6-7pm	January 28th	\$75	6
Drop in Zumba	Adult	7:00-8:00pm	January 28th	Drop in - \$5 per class	Ongoing
Wednesday					
Seniors Fitness	50+	10:00-11:00am	Ongoing	\$3/ class - first one's free	Ongoing
Kids After School Lounge	5-12	2:00-4:00pm	Jan 8th	FREE	
Guitar Lessons	7+	4:15-5:15	Drop in	\$10/ class	
Kripalu Yoga (Relaxing Yoga integrating mind body and spirit)	Adult	7-8:30pm	January 15th	\$45	5
Thursday					
50+ Drop in Socials	50+	10:00- 2:00pm	Ongoing	Free	
Men's Basketball	Adult	6-8pm	Ongoing - bbkcc.ca/bball for full schedule	Drop in - \$2	Ongoing
Kids & Family Taekwon-do class (Carr Taekwon-do)	7- adult	6:30-7:30pm	Jan 9th & 16th free classes and registration. Start date: Jan 23rd	\$80 tax incl.	10
Friday					
Kids Ball Hockey	6-12	6:00-7:00pm	Sept 20 th website or call for schedule- @ BBK SCHOOL	\$2 drop in - see web site or call	Ongoing
Blue Dragons Kung Fu	5-12	6:30-7:30pm	January 24th - Free info and registration night Jan 17th @ 6:30	\$50/ month	Ongoing

Feb 22nd - \$45 - What Every Babysitter Should Know – ages 11 -15- Topics include basic first aid, injury prevention and responsibilities of a babysitter. Students need to bring a doll/teddy bear, a baby bottle and a diaper.

March 1 - \$45 - Home Alone/First Aid –ages 9 – 11 - Students will learn home safety procedures, how to obtain emergency help, and when it is appropriate to call 911. Other topics include healthy eating, fighting boredom, overcoming fear and fire safety. As well as some Basic First Aid.

FOR PROGRAMMING DESCRIPTIONS PLEASE VISIT OUR WEBSTE AT BBKCC.CA/PROGRAMS

Some prices subject to HST. Call the BBKCC today for more information 865-5114

Web: www.bbkcc.ca | Facebook.com/bbkcommunitycentre | twitter: @kinsaccommunity



Staying Active in Cold Weather

If you are anything like me you have already started to lose interest in your new year's resolution to stay fit and drop a few pounds. With the recent cold temperatures many of us may want to stay inside and hibernate. It is difficult to stay motivated however there are ways to stay active during winter.

- For those who want to stay indoors, mall walking is an excellent way to still get out of the house, stay fit -and window shop! The Halifax Shopping Centre allows mall walkers into the mall between 7 and 9 a.m. before the stores open. Just register at the Customer Service Desk for security reasons and you can



walk at your own pace and leave at your leisure. Remember 3 laps of the mall equals 1 km.

- Take part in fitness classes at the community centre.
- Join a health club close to home or close to your workplace.

- Create a home gym. Get out those exercise videos or the treadmill and have fun!

Any type of activity will help you stay fit including household chores like vacuuming, climbing stairs, and shoveling snow (but be careful not to strain your back).

And of course you can certainly bundle up and go outside for some winter fun like walking, sliding, snow shoeing, skiing, and skating.

So don't hibernate this winter – find a way to be active, have fun, and enjoy a healthy lifestyle!

-Kellie Samson

CSAP School to open in Sackville in 2014



On November 28th, the Conseil scolaire acadien provincial (CSAP) announced that they will be opening another school within HRM for the next school year beginning in September 2014. This francophone school located in Lower Sackville will help respond to the growing number of students from the Sackville area who currently attend École Beaubassin. This comes as good news to those children in Beaver Bank who spend approximately two hours on the bus every school day to get to and from the school on Larry Uteck Boulevard.

It also brings the number of schools under the CSAP within

the Halifax Regional Municipality to six.

The Halifax Regional School Board declared Gertrude Parker Elementary School surplus and as such it became available to the CSAP.

A meeting was held on December 12th at École Beaubassin to inform parents of the changes to come. Mr. Kevin Gallant, current Principal of École Beaubassin, will assume the position of Principal at the new CSAP school after 13 years at École Beaubassin.

The new school will welcome students in 2014 from pre-school

to grade 6. Grade 7 will be added in 2015 and grade 8 in 2016. The school board is also in discussion to put an after-school program in place.

There are many items to address before the next school year however they cannot take possession of the building until the end of June. One item they are working to finalize is the catchment area – specifically the Lucasville Road and Rocky Lake Road areas. Also there will be a 3-year plan to renovate and build an addition. But for the time being their efforts will be focussed on preparing for the opening in September.

-Kellie Samson

MP News and Views

Happy New Year

On behalf of my wife Andrea, my family, and my staff, I wish you the very best for the New Year.

Nelson Mandela

Nelson Mandela devoted his life to fighting against injustice and defending, educating and caring for his people. For his whole life, Mr. Mandela fought apartheid and racism. He guided South Africa towards racial equality and democracy, at the risk of his life and at the price of his freedom. He was South Africa's first black president and a Nobel Peace Prize winner. As NDP Leader Tom Mulcair said, he was a "rare individual whose reputation for wisdom transcends time." He was a source of inspiration for all and the world mourns his passing.

Michael Chong's Private Members Bill – Reform Act 2013

In December, Conservative MP Michael Chong tabled the *Reform Act 2013*, which proposes a series of measures to reinforce the "principle of responsible government." Chong's bill aims to restore the balance of power between the executive branch (cabinet) and the legislative branch (MPs). This imbalance of power has become a chronic problem of our parliamentary system and many experts agree that under the leadership of Stephen Harper, this problem has been aggravated. Within the executive branch, power is more and more concentrated in the hands of one person, the Prime Minister. This, in turn, increases the PM's ability to exercise control over Parliament, particularly under majority governments. This bill, if passed, would give full control of party nominations to Electoral District Associations so that a party leader could not

override a riding association's decision to nominate a certain candidate after a nomination contest, gives clear powers to caucuses to expel and re-admit members as well as elect caucus chairs, and make party leaders accountable to caucuses. The bill would add a new mechanism to trigger leadership reviews by giving MPs from party caucuses the ability to start the process when they are dissatisfied with their leader. Currently, only party members can trigger a leadership review.

We will be studying the bill and welcome all initiatives that improve democracy. We have consistently put forward initiatives like putting a stop to MPs crossing the floor, banning Senators' partisan activities and advocating for proportional representation and democratic reform. We welcome the discussion about how to increase accountability and improve democracy in the House of Commons, including breaking the stranglehold of the PMO.

Canada Post Eliminating Home Delivery of Mail

Instead of looking for ways to modernize operations, Canada Post and the government are taking an axe to long-treasured postal services –eliminating home delivery, killing good jobs, cutting rural post office hours and increasing postage rates. The government waited until the House

had risen in December to deliver this bad news to Canadians.

Over the next five years, 6,000 to 8,000 workers will lose their jobs and five million households will lose home delivery. The cuts to home mail delivery will have the biggest impact on seniors and persons with disabilities. Unfortunately, Canada Post used only the Internet for public consultations on the future of mail delivery. If you are interested in signing a petition to stop these cuts at Canada Post, my colleague Alexandre Boulerice has a petition on his website:

www.isupportboulerice.org/stop_service_cuts_at_canada_post.

In this riding, many constituents along the Eastern Shore have contacted me as they are losing rural home mail delivery because of recent safety reviews. To make a complaint about losing delivery to your rural home mailbox, please contact Canada Post at 1-800-267-1177 or my office. I will continue to raise this issue in the House of Commons.

I have long encouraged Canada Post to maintain rural and urban mailbox delivery. Canada Post offers an important public service that needs to be protected. As always, please contact me about any concerns or questions at (902) 861-2311 or toll free at 1-888-701-5557 or by email at peter.stoffer@parl.gc.ca.



Peter Stoffer, MP Sackville-Eastern Shore

2900 Hwy #2 Fall River, NS B2T 1W4
Phone: 902-861-2311 Fax: 902-861-4620
Email: stofferp1@parl.gc.ca



Announcements

80th Birthday



Congratulations to Edward (Sonny) Grove, a lifelong resident of Beaver Bank who will be celebrating his 80th Birthday on January 5, 2014. He is a wonderful husband, father, grandfather and great grandfather, and a blessing to all of us. We will treasure all the memories we have shared with you and are looking forward to making many, many more. Love and Best Wishes from your wife Mary (Gertie), daughters, Veronica (David) Webb, Maryann, sons, Stephen, Raymond (Jo-Anne), and David. Six grandchildren, Zena-Marie Webb, Erin (Jamie) LeBlanc, Robert, Alexis, Katelyn, and Madison, four great grandsons, Simon, Zachary, Lucas LeBlanc, and Keegan Webb.

How to submit an announcement

Residents are welcome to submit wedding, engagement, baby, thank you, and condolence announcements free of charge.

Please submit using our online form at www.Beaverbank.ca. We are happy to assist you if you so require.

Events

North Beaver Bank Wind Project

LUNCH & LEARN

About: Wind Energy and the North Beaver Bank Wind Project

When: Noon to 1pm – Wednesday January 15, 2014

Where: Beaver Bank Kinsac Community Centre

Hosted: Scotian Wind Inc.



The Sackville Support Group of Grandmothers for African Grandmothers will host a

Fundraising Luncheon Bridge/Card Social

on Saturday, Jan 25 at 12 noon at Knox United Church 567 Sackville Drive. Bake table, silent auction, door prizes.

Cost \$12, tickets presold. For ticket information call 864-2588 or 865-8302.

Community Centre Upcoming courses for youth:

“What every babysitter should know” (ages 11 to 15)
Date: February 22nd, Cost \$45

“Home Alone/ First Aid” (Ages 9 to 11)
Date: March 1st, Cost: \$45

Call the BBKCC at 865-5114 for more information and to register.

Condolences

It is with deep sadness that we learned of the passing of Bonnie Ryan on December 11, 2013 at the age of 49.

“Beaver Bank Bonnie” was a devoted member of the community. She was involved in many projects over the years one of which was the Bonnie Ryan Sports Pad which only recently held its grand opening. She will be greatly missed by many.

Our condolences go out to her husband, Jerry, and her three sons Shawn Michael (Stephanie Fung), Dylan Alexander, and Eric William Ryan.

-The Beaver Bank Community Awareness Association



Church Services

Church of the Good Shepherd Anglican Church of Canada

28 Trinity Lane, Beaver Bank

Rector: Rev. Cathy Lee Cunningham

Sunday Service: 10:00 AM

Sunday School: (ages 3-9) 10:00 AM

Family, friends and new members welcome.

www.goodshepherdchurchbeaverbank.com

Church Wardens

Dwain Gordon 864-0024

Dameon Lowe 865-2320

Past Warden: Nancy Kemp

nancy.kemp@ns.sympatico.ca

Tel: 865-6915

Please contact Rev. Cathy Lee regarding Baptisms, Weddings, Illness or a Pastoral visit at 865-0203

Card Socials: Church of the Good Shepherd Hall. Auction 45 is played Thursday evening starting at 7:30 pm. Refreshments provided. Everyone welcome. \$5.00 admittance.

We actively support Beacon House and donations can be brought to the Church on Sunday mornings, or dropped off at Hartlen's Kwik-Way / Wilsons through the week or call Jean Bevan at 865-2262 to make arrangements.

Mark your calendars for 2014:

Feb 22:	U2 Eucharist Service	4 to 5 pm
March 4:	Pancake Supper	4 to 6 pm
March 29:	Rock-a-thon (Rocking chairs)	9 to 4 pm
April 26 th	Roast Beef Supper	4 to 6 pm
June 7 th	Lobster Supper	4 to 6 pm

Crossroads Wesleyan Church

971 Windgate Drive, Beaver Bank

Phone: 864-2035

Web: www.mycrossroadschurch.ca

Pastor: Michael Zottarelli

Service: Sunday 11:00 am

Living Hope Baptist Church

971 Windgate Drive

Worship: Sundays 9:00 am

Sunday School: Sunday 9:00 am

Pastor: Rev. Kelly Holt

1st Sackville Presbyterian

60 Beaver Bank Rd, Lr. Sackville

(Across from Glendale Plaza)

Minister: Rev. Jean MacAulay

Church Office: 865-4053 (machine)

Email: jeanmacaulay@eastlink.ca

Sunday Service: 9:30 am

Sunday school: 9:40 am Sept. – June

Nursery Provided: Sept. – June

St. John's United Church

Sunday Worship: 11:00AM

Minister: Rev. Allison Davis

Minister's Phone: 293-9381

E-Mail: easter.people@hotmail.com

Community Contacts:

Ron & Carol Cochrane: 865-2962

George & Joyce Hull: 864-7095

We gather for worship in **the Chapel**

At Ivy Meadows CC Facility

Administration Building, Main Floor

125 Knowles Crescent, Beaver Bank

We are an open and welcoming faith community! ALL WELCOME

St. John the Evangelist Anglican Church

Rector: Rev. Sandra Hounsell-Drover

Church: 954 Old Sackville Road, Sackville

Church Hall: 934 Old Sackville Road, Sackville

Parish Office Telephone: 864-3154

Parish Hall Telephone: 865-7107

Email: sjte@ns.aliantzinc.ca

Services: 8:30 a.m. & 10:30 a.m. on

Sundays and 7:00 p.m. on Wednesdays

Faith Baptist Church

299 Stokil Dr., Lr Sackville

Phone: Office 865-5419

Kitchen / Hall: 865-3773

Email: faithbaptist@ns.aliantzinc.ca

Website: <http://faithbaptist.ca>

Pastor: Rev. Borden Scott 865-8224

Associate Pastor for Visitation:

Dr. João Matwawana 865-8850

Sunday Service: 11:00 am

Sackville Independent Baptist

Address: 92 Beaver Bank Road

Pastors: Pastor Jeremy Eastwood

and Pastor Greg Little

Phone: 864-3433

www.sackvilleindependentbaptist.org

Sunday Service: 11:00am, & 6pm

Sunday school: 9:45am for all ages

Wednesday: Prayer meeting 7:15 pm

"Serving Him only by His grace and power"
(Ephesians 3:7-8)

Holy Trinity Pastoral Unit (Roman Catholic)

Consisting of three parishes:

St Elizabeth Seton, 125 Metropolitan Ave

St Francis of Assisi, Mt Uniacke

St John Vianney, 4 Beaver Bank Road

Mail for all 3 Parishes: 4 Beaver Bank Road
Lr. Sackville, NS, B4E 1G3

Phone: 865-2112 ext 0 (Secretary)

Emergencies After Hours 865-6133

Fax: 864-8645

Email: holytrinity@eastlink.ca

Website: www.holytrinityns.ca

Pastor: Father Marc Syrene

Associate Pastor: Father Jamie Utronkie

Administrative Secretary: Karen Smith

Mass times for St. John Vianney:

Saturday: 4:30 pm

Sunday: 9am 11:00am, & 6 pm

Knox United Church

567 Sackville Drive, PO Box 210

Lwr. Sackville, NS B4C 2S9

Minister: Rev. Dr. Ross Bartlett

Church Office: 865-9216

Fax: 865-0599

Website: <http://www.knoxsackville.ca/>

Office email: admin@knoxsackville.ca

Sunday services:

Feel the Spirit Service 8:45 am

Traditional Service 10:30 am

Upcoming Event:

The Sackville Support Group of Grandmothers for African Grandmothers will host a fundraising Luncheon Bridge/Card Social Saturday, Jan 25 at 12 noon (see page 10).

How to Contact Us: BBCAA

Mailing Address:
1901 Beaver Bank Rd
Beaver Bank, NS
B4G 1C9

BBCAA Board of Directors:

Chairperson: Victor Cobb 864-4112
Email: victor@hfx.eastlink.ca

First Chair: Dorothy Selig

Second Chair: Robert Crosby

Treasurer: Brian Pitts

Secretary: Felicia Romans

Director: Arthur Mitchell

Director: Rae Marlborough

Director: Marina Johnson

Director: Cheryl Leadlay

C@P Site Representative: Allen Clay

Web Admin: Tammy Crawford

Web Admin: Jeff MacDonald

Beaver Bank Kinsac Bulletin
Editor: Keilie Samson

**Beaver Bank Community
RCMP Office**
Phone: 864-6072

Email: bbk_rcmp@yahoo.com

Located at:
1583 Beaver Bank Road

We're on the Web!

See us at:

www.beaverbank.ca

Be Coyote Smart

As a few coyotes have been sighted within Beaver Bank here is a bit of information and safety tips from the Department of Natural Resources.

Coyotes are permanent residents in our province, so seeing or hearing them from time to time is not unusual. They have become part of the ecosystem as a top-line predator. Nocturnal by nature, coyotes tend to be most active and vocal at night.

Coyotes are normally shy and fearful of people. When this behaviour changes and they lose that fear, there is cause for concern. A coyote's loss of fear of people, called habituation, is nearly always caused by direct or indirect feeding by people, or by the presence of nonthreatening humans in coyote habitat.

Residents are reminded to use the acronym "BAM".



Walk with friends and carry a noisemaker.

For more information on coyotes please visit the DNR website and fill out their form to report coyote sightings (link below)
<http://novascotia.ca/natr/WILDLIFE/living-with-wildlife/coyote-sighting-form.asp>
Call 1-800-565-2224 to report unusual coyote behaviour.

Stay informed!
Thank you to those who have mentioned this on the Beaver Bank Bulletin Facebook page.

*-Keilie Samson
& DNR website*

Guidelines for Submissions to the Bulletin

The BBK Bulletin will be published 5 times this year (January, March, May, July, September & November). We may include additional publications if required. The deadline will usually be the 15th of the month before publication. Please check the last page of the current Bulletin for the specific deadline date

Written submissions may be sent by email using the "Submit a Story" form on the Beaver bank website. For handwritten articles, please PRINT any names. Articles may also be mailed to our mailing address. Thank you.

**Please submit articles for the next Bulletin by
February 15th for publication in March.**